

Tamkang University Academic Year 114, 1st Semester Course Syllabus

Course Title	PHYSICAL EDUCATION-DANCE	Instructor	
Course Class	TGUPB2C PE BY INTEREST, 2C	Details	♦ General Course ♦ Required ♦ 1st Semester ♦ 1 Credits
Relevance to SDGs	SDG3 Good health and well-being for people SDG4 Quality education SDG5 Gender equality SDG17 Partnerships for the goals		
D e p a r t m e n t a l A i m o f E d u c a t i o n			
I . Enhance physical adaptability. II . Establish correct sports concept. III . Enhance sport skills. IV . Experience fun in sports participation.			
Subject Schoolwide essential virtues			
1. A global perspective. (ratio:5.00) 2. Information literacy. (ratio:5.00) 3. A vision for the future. (ratio:5.00) 4. Moral integrity. (ratio:20.00) 5. Independent thinking. (ratio:5.00) 6. A cheerful attitude and healthy lifestyle. (ratio:30.00) 7. A spirit of teamwork and dedication. (ratio:25.00) 8. A sense of aesthetic appreciation. (ratio:5.00)			

Course Introduction	<p>The dance course this semester is Cheer Dance, which is part of cheerleading. Unlike competitive cheer, cheer dance is a performance style that focuses on showcasing dance skills through jumps, kicks, turns, floor work, and dance. It can be divided into three categories: pom, jazz, and hip-hop, which share many common techniques. This semester, the main focus will be on pom dance, and through the course, students will develop basic physical fitness, body rhythm, and coordination to promote good physical fitness and an active lifestyle.</p>
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The correspondences between the course's instructional objectives and the cognitive, affective, and psychomotor objectives.

Differentiate the various objective methods among the cognitive, affective and psychomotor domains of the course's instructional objectives.

- I. Cognitive : Emphasis upon the study of various kinds of knowledge in the cognition of the course's veracity, conception, procedures, outcomes, etc.
- II.Affective : Emphasis upon the study of various kinds of knowledge in the course's appeal, morals, attitude, conviction, values, etc.
- III.Psychomotor: Emphasis upon the study of the course's physical activity and technical manipulation.

No.	Teaching Objectives	objective methods
1	1.Cultivate students' interest in cheer dance and build their fundamental fitness.	Psychomotor
2	2.Enhance teamwork and collaboration, and promote a spirit of active engagement in sports.	Affective
3	3.Develop basic cheer dance skills (pom) and foster the ability to create choreography.	Psychomotor
4	Enable students to appreciate and actively participate in cheer dance performances and competitions.	Cognitive

The correspondences of teaching objectives : core competences, essential virtues, teaching methods, and assessment

No.	Core Competences	Essential Virtues	Teaching Methods	Assessment
1		12345678	Lecture, Discussion, Publication, Practicum	Testing, Discussion(including classroom and online), Practicum, Report(including oral and written), Activity Participation

2		457	Lecture, Discussion, Publication, Practicum, Experience	Testing, Study Assignments, Discussion(including classroom and online), Practicum, Report(including oral and written), Activity Participation
3		5678	Lecture, Discussion, Publication, Practicum, Experience	Testing, Study Assignments, Discussion(including classroom and online), Practicum, Report(including oral and written), Activity Participation
4		458	Lecture, Discussion, Publication, Practicum, Experience	Testing, Study Assignments, Discussion(including classroom and online), Practicum, Report(including oral and written), Activity Participation

Course Schedule

Week	Date	Course Contents	Note
1	114/09/15 ~ 114/09/21	Course content, class rules, introduction to cheer dance types (This course is designed with the 75th-anniversary school celebration event in mind, with an explanation of changes to the curriculum design and schedule)./課程內容、上課規定、啦啦舞蹈種類介紹 (本課程配合75週年校慶活動進行課程設計與時間異動說明)	SG246 舞蹈教室
2	114/09/22 ~ 114/09/28	Pom Dance - Introduction to Basic Movements (hand, foot, and jumping techniques) & Fitness Training/彩球舞基本動作介紹(手、腳、跳躍動作)、體能練習	SG246 舞蹈教室
3	114/09/29 ~ 114/10/05	Pom Dance - Introduction to Basic Movements (Jumps, Transitions) & Fitness Training/彩球舞基本動作介紹(跳躍動作、移位動作)、體能練習	SG246 舞蹈教室
4	114/10/06 ~ 114/10/12	Pom Dance - Basic Movements Practice 1/彩球舞-基本動作練習1	SG246 舞蹈教室
5	114/10/13 ~ 114/10/19	Pom Dance - Basic Movements Practice 2/彩球舞-基本動作練習2	SG246 舞蹈教室
6	114/10/20 ~ 114/10/26	Pom Dance - Combination of Movements and Formations Practice 1/彩球舞-動作組合與隊形走位練習1	SG246 舞蹈教室
7	114/10/27 ~ 114/11/02	Pom Dance - Combination of Movements and Formations Practice 2/彩球舞-動作組合與隊形走位練習2	SG246 舞蹈教室

8	114/11/03 ~ 114/11/09	75th Anniversary School Celebration - Formal Performance / Dress Rehearsal/75週年校慶活動正式演出/總彩排	體育館7樓
9	114/11/10 ~ 114/11/16	Physical Fitness Test / Water Safety Awareness/體適能檢測/水域安全宣導	SG246 舞蹈教室
10	114/11/17 ~ 114/11/23	Class changed to rehearsal time: 10/30 (Thursday) 12:00 PM - 2:00 PM/課程異動至10/30(星期四)中午12:00-14:00	「rehearsal」體育館7樓
11	114/11/24 ~ 114/11/30	Class changed to rehearsal time: 10/31 (Friday) 12:00 PM - 2:00 PM/課程異動至10/31(星期五)中午12:00-14:00	「rehearsal」體育館7樓
12	114/12/01 ~ 114/12/07	Class changed to preview time: 11/6 (Thursday) 1:00 PM - 3:00 PM/課程異動至11/6(星期四)下午13:00-15:00	「preview」SG246 舞蹈教室/體育館7樓
13	114/12/08 ~ 114/12/14	Class changed to preview time: 11/6 (Thursday) 3:00 PM - 4:00 PM / 6:00 PM - 7:00 PM/課程異動至11/6(星期四)下午15:00-16:00/晚上18:00-19:00	「preview」SG246 舞蹈教室/體育館7樓
14	114/12/15 ~ 114/12/21	Class changed to preview time: 11/7 (Friday) 8:00 AM - 10:00 AM/課程異動至11/7(星期五)上午08:00-10:00	「preview」體育館7樓
15	114/12/22 ~ 114/12/28	Class changed to preview time: 11/7 (Friday) 10:00 AM - 12:00 PM/課程異動至11/7(星期五)上午10:00-12:00	「preview」體育館7樓
16	114/12/29 ~ 115/01/04	Class changed to formal performance time: 11/8 (Saturday) 7:00 AM - 9:00 AM/課程異動至11/8(星期六)上午07:00-09:00	「performance」體育館7樓
17	115/01/05 ~ 115/01/11	Class changed to formal performance time: 11/8 (Saturday) 9:00 AM - 11:00 AM/課程異動至11/8(星期六)上午09:00-11:00	「performance」體育館7樓
18	115/01/12 ~ 115/01/18	Flexible Teaching Week for Teachers	線上教材學習
Key capabilities		self-directed learning Social Participation Humanistic Caring Problem solving	
Interdisciplinary			
Distinctive teaching		Translation Teaching Course	

Course Content	General Courses
Requirement	<p>【授課進度內容依學期週數與上課狀況調整，以老師課堂公告為主，另安排體適能檢測】</p> <p>課程注意事項：</p> <ol style="list-style-type: none"> 1.請務必穿著合適之運動服裝（請勿於體育課穿著牛仔褲，或是不方便運動之服裝）。 2.請準時出席課程，每週課程都會點名；若於課程中擅自離開者，則視為曠課。 3.請假請依學校規定辦理，並於二週內補齊假單；未依規定請假者，視同曠課一次。若整學期曠課達三次及整學期累積缺席達四次者，則平時成績為零分，學期總成績將不及格。 4.若有任何特殊身體狀況，請提出相關證明，以利評量方式調整。 5.相關課程訊息及內容請於iclass學習平台查看http://iclass.tku.edu.tw/user/index 6.評量方式： <p>A：平時成績（課堂出席、平時學習參與、學習態度、課程作業與服裝整齊）：佔總成績 50%。</p> <p>B：期中/期末評量（校慶表演參與-彩排、預演、正式演出）：佔總成績 50%。</p> <p>全勤且配合練習，並請完成期末評量，學期總分將為95分以上(無須考試)。</p> <p>表演當日非不可抗拒因素未到，學期總分以0分計算。</p> <p>備註：本課程依據透明和負責任的原則，鼓勵學生利用 AI 進行協作和互學，以提升課程成果。對於「個人反思報告」和「小組採訪作業」，禁止使用生成式 AI 工具進行撰寫。</p>
Textbooks and Teaching Materials	Self-made teaching materials:Presentations, Worksheets
References	
Grading Policy	<p>◆ Attendance： 25.0 % ◆ Mark of Usual：25.0 % ◆ Midterm Exam： 25.0 %</p> <p>◆ Final Exam： 25.0 %</p> <p>◆ Other 〈 〉： %</p>
Note	<p>This syllabus may be uploaded at the website of Course Syllabus Management System at https://web2.ais.tku.edu.tw/csp or through the link of Course Syllabus Upload posted on the home page of TKU Office of Academic Affairs at http://www.acad.tku.edu.tw/CS/main.php.</p> <p>※"Adhere to the concept of intellectual property rights" and "Do not illegally photocopy, download, or distribute." Using original textbooks is advised. It is a crime to improperly photocopy others' publications.</p>