

## Tamkang University Academic Year 114, 1st Semester Course Syllabus

Course Title	MALE AND FEMALE PHYSICAL EDUCATION	Instructor	YU-CHI CHANG
Course Class	TLFBB1B DIVISION OF GLOBAL COMMERCE, DEPARTMENT OF INTERNATIONAL BUSINESS (ENGLISH-TAUGHT PROGRAM), 1B	Details	◆ General Course ◆ Required ◆ One Semester ◆ 1 Credits
Relevance to SDGs	SDG3 Good health and well-being for people SDG4 Quality education SDG5 Gender equality SDG17 Partnerships for the goals		
D e p a r t m e n t a l   A i m   o f   E d u c a t i o n			
I . Enhance physical adaptability. II . Establish correct sports concept. III . Enhance sport skills. IV . Experience fun in sports participation.			
Subject Schoolwide essential virtues			
1. A global perspective. (ratio:5.00) 2. Information literacy. (ratio:5.00) 3. A vision for the future. (ratio:5.00) 4. Moral integrity. (ratio:20.00) 5. Independent thinking. (ratio:5.00) 6. A cheerful attitude and healthy lifestyle. (ratio:30.00) 7. A spirit of teamwork and dedication. (ratio:25.00) 8. A sense of aesthetic appreciation. (ratio:5.00)			

Course Introduction	The purposes of the course are to let students understand the concepts of table tennis, basketball, Volleyball, and swimming with aquatic behavioral security. Through practicing in class, movement security, and water activities arrangements, they help students understand the present situation of individual exercise techniques; assess the movement environment potential risks;promote the methods of exercises.			
<p><b>The correspondences between the course's instructional objectives and the cognitive, affective, and psychomotor objectives.</b></p> <p>Differentiate the various objective methods among the cognitive, affective and psychomotor domains of the course's instructional objectives.</p> <p>I. Cognitive : Emphasis upon the study of various kinds of knowledge in the cognition of the course's veracity, conception, procedures, outcomes, etc.</p> <p>II.Affective : Emphasis upon the study of various kinds of knowledge in the course's appeal, morals, attitude, conviction, values, etc.</p> <p>III.Psychomotor: Emphasis upon the study of the course's physical activity and technical manipulation.</p>				
No.	Teaching Objectives			objective methods
1	Introduction and practice of volleyball, badminton, basketball, and swimming techniques			Cognitive
The correspondences of teaching objectives : core competences, essential virtues, teaching methods, and assessment				
No.	Core Competences	Essential Virtues	Teaching Methods	Assessment
1		12345678	Lecture, Practicum, Experience	Testing, Practicum, Activity Participation
Course Schedule				
Week	Date	Course Contents		Note
1	114/09/15 ~ 114/09/21	Introduction of sports facilities of campus, requirements of course.		
2	114/09/22 ~ 114/09/28	Table Tennis: rules, regulations, and gestures of referee		
3	114/09/29 ~ 114/10/05	Table Tennis: serving, and receiving (Aquatic activity security promoting week)		
4	114/10/06 ~ 114/10/12	Table Tennis: scoring techniques: topspin, backspin, long push, and short push.		

5	114/10/13 ~ 114/10/19	Basketball: introduction and practice of basic techniques	
6	114/10/20 ~ 114/10/26	Basketball: introduction and practice of dribbling, and passing	
7	114/10/27 ~ 114/11/02	Basketball: introduction and practice of shooting, and laying-up,	
8	114/11/03 ~ 114/11/09	Basketball: 3 on 3 or 5 on 5	
9	114/11/10 ~ 114/11/16	Midterm Exam Week	
10	114/11/17 ~ 114/11/23	Volleyball: warm up, stretching, basic foot work, and techniques	
11	114/11/24 ~ 114/11/30	Volleyball: introduction and practice of passing techniques: toss and dig	
12	114/12/01 ~ 114/12/07	Volleyball: introduction and practice and serving	
13	114/12/08 ~ 114/12/14	Swimming: introduction of security rules of water exercise and risk assessment	
14	114/12/15 ~ 114/12/21	Swimming::Concepts and techniques of underwater self-rescue (surface floating, jellyfish floating, rhythmic breathing, and making temporary floating devices)	
15	114/12/22 ~ 114/12/28	Swimming: examination of swimming skills, breathing skills	
16	114/12/29 ~ 115/01/04	Final Week of Diverse Assessments	
17	115/01/05 ~ 115/01/11	Final Week of Diverse Assessments/Flexible Teaching Week for Teachers	
18	115/01/12 ~ 115/01/18	Flexible Teaching Week for Teachers	
Key capabilities		self-directed learning Social Participation	
Interdisciplinary		STEAM course (S:Science, T:Technology, E:Engineering, M:Math, A field:Integration of Art and Humanist) Competency-based education 'competency exploration' sustained competency or global issues STEEP (Society, Technology, Economy, Environment, and Politics) In addition to teaching content of the teacher's professional field, integrate other subjects or invite experts and scholars in other fields to share knowledge or teaching	
Distinctive teaching		Game-based learning courses Collaborative teaching (multiple teachers and business teachers in the school) course Learning technologies (such as AR/VR,etc.) incorporated to physical courses	

Course Content	General Courses
Requirement	
Textbooks and Teaching Materials	Self-made teaching materials:Handouts, Videos, Practice
References	
Grading Policy	<p>◆ Attendance : 40.0 %    ◆ Mark of Usual :       %    ◆ Midterm Exam : 30.0 %</p> <p>◆ Final Exam : 30.0 %</p> <p>◆ Other (    ) :       %</p>
Note	<p>This syllabus may be uploaded at the website of Course Syllabus Management System at <a href="https://web2.ais.tku.edu.tw/csp">https://web2.ais.tku.edu.tw/csp</a> or through the link of Course Syllabus Upload posted on the home page of TKU Office of Academic Affairs at <a href="http://www.acad.tku.edu.tw/CS/main.php">http://www.acad.tku.edu.tw/CS/main.php</a>.</p> <p>※"Adhere to the concept of intellectual property rights" and "Do not illegally photocopy, download, or distribute." Using original textbooks is advised. It is a crime to improperly photocopy others' publications.</p>