

Tamkang University Academic Year 114, 1st Semester Course Syllabus

Course Title	MALE AND FEMALE PHYSICAL EDUCATION	Instructor	CHEN CHU
Course Class	TLFBB1A DIVISION OF GLOBAL COMMERCE, DEPARTMENT OF INTERNATIONAL BUSINESS (ENGLISH-TAUGHT PROGRAM), 1A	Details	♦ General Course ♦ Required ♦ One Semester ♦ 1 Credits
Relevance to SDGs	SDG3 Good health and well-being for people		
D e p a r t m e n t a l A i m o f E d u c a t i o n			
I . Enhance physical adaptability. II . Establish correct sports concept. III . Enhance sport skills. IV . Experience fun in sports participation.			
Subject Schoolwide essential virtues			
1. A global perspective. (ratio:5.00) 2. Information literacy. (ratio:5.00) 3. A vision for the future. (ratio:5.00) 4. Moral integrity. (ratio:20.00) 5. Independent thinking. (ratio:5.00) 6. A cheerful attitude and healthy lifestyle. (ratio:30.00) 7. A spirit of teamwork and dedication. (ratio:25.00) 8. A sense of aesthetic appreciation. (ratio:5.00)			

Course Introduction	The ultimate purpose of this course is to establish the concept of lifelong physical activity participation. Learning how to develop physical abilities by practicing several kinds of exercise skills and engaging in various exercises.
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The correspondences between the course's instructional objectives and the cognitive, affective, and psychomotor objectives.

Differentiate the various objective methods among the cognitive, affective and psychomotor domains of the course's instructional objectives.

- I. Cognitive : Emphasis upon the study of various kinds of knowledge in the cognition of the course's veracity, conception, procedures, outcomes, etc.
- II.Affective : Emphasis upon the study of various kinds of knowledge in the course's appeal, morals, attitude, conviction, values, etc.
- III.Psychomotor: Emphasis upon the study of the course's physical activity and technical manipulation.

No.	Teaching Objectives	objective methods
1	Being able to perform different types of exercise skills.	Psychomotor
2	Knowing and establishing the ability of teamwork	Affective
3	Promoting and developing the concept of physical fitness maintenance.	Affective
4	Developing the concept of teamwork and sportsmanship.	Affective
5	Familiarization with the environment, facilities, and equipment.	Cognitive

The correspondences of teaching objectives : core competences, essential virtues, teaching methods, and assessment

No.	Core Competences	Essential Virtues	Teaching Methods	Assessment
1		123	Lecture, Practicum, Experience	Testing, Practicum, Activity Participation
2		457	Lecture, Discussion, Experience	Testing, Discussion(including classroom and online), Practicum, Activity Participation
3		348	Lecture, Discussion, Publication	Discussion(including classroom and online), Activity Participation

4		68	Lecture, Discussion, Practicum, Imitation	Testing, Discussion(including classroom and online), Practicum, Activity Participation
5		258	Lecture, Experience	Discussion(including classroom and online), Practicum, Activity Participation

Course Schedule

Week	Date	Course Contents	Note
1	114/09/15 ~ 114/09/21	Basic skills introduction of badminton	
2	114/09/22 ~ 114/09/28	Serving drills practice	
3	114/09/29 ~ 114/10/05	Single and double play introduction	
4	114/10/06 ~ 114/10/12	Single and double game practices (Water activities safety instruction)	
5	114/10/13 ~ 114/10/19	Basic skills introduction of basketball	
6	114/10/20 ~ 114/10/26	Dribbling and passing drills	
7	114/10/27 ~ 114/11/02	3 vs 3 small sided game practices	
8	114/11/03 ~ 114/11/09	Game practices of 5 vs 5	
9	114/11/10 ~ 114/11/16	Safety instruction and introduction of swimming	
10	114/11/17 ~ 114/11/23	Basic swimming skills practices	
11	114/11/24 ~ 114/11/30	Breathing skill practices of each style	
12	114/12/01 ~ 114/12/07	Midterm	
13	114/12/08 ~ 114/12/14	Introduction of volleyball	
14	114/12/15 ~ 114/12/21	Basic skills instruction in volleyball	
15	114/12/22 ~ 114/12/28	Defensive and offensive drills for group	
16	114/12/29 ~ 115/01/04	Final Week of Diverse Assessments	
17	115/01/05 ~ 115/01/11	Final Week of Diverse Assessments/Flexible Teaching Week for Teachers	
18	115/01/12 ~ 115/01/18	Flexible Teaching Week for Teachers	

Key capabilities	
Interdisciplinary	
Distinctive teaching	
Course Content	General Courses
Requirement	
Textbooks and Teaching Materials	Self-made teaching materials:Textbooks, Handouts, Videos Using teaching materials from other writers:Handouts
References	
Grading Policy	<p>◆ Attendance : 40.0 % ◆ Mark of Usual : 10.0 % ◆ Midterm Exam : 25.0 %</p> <p>◆ Final Exam : 25.0 %</p> <p>◆ Other () : %</p>
Note	<p>This syllabus may be uploaded at the website of Course Syllabus Management System at https://web2.ais.tku.edu.tw/csp or through the link of Course Syllabus Upload posted on the home page of TKU Office of Academic Affairs at http://www.acad.tku.edu.tw/CS/main.php.</p> <p>※"Adhere to the concept of intellectual property rights" and "Do not illegally photocopy, download, or distribute." Using original textbooks is advised. It is a crime to improperly photocopy others' publications.</p>