

Tamkang University Academic Year 114, 1st Semester Course Syllabus

Course Title	MALE AND FEMALE PHYSICAL EDUCATION	Instructor	CHENG-EN, WU
Course Class	TLCAB1A DEPARTMENT OF BUSINESS ADMINISTRATION (ENGLISH-TAUGHT PROGRAM), 1A	Details	◆ General Course ◆ Required ◆ One Semester ◆ 1 Credits
Relevance to SDGs	SDG3 Good health and well-being for people		
D e p a r t m e n t a l A i m o f E d u c a t i o n			
I . Enhance physical adaptability. II . Establish correct sports concept. III . Enhance sport skills. IV . Experience fun in sports participation.			
Subject Schoolwide essential virtues			
1. A global perspective. (ratio:5.00) 2. Information literacy. (ratio:5.00) 3. A vision for the future. (ratio:5.00) 4. Moral integrity. (ratio:20.00) 5. Independent thinking. (ratio:5.00) 6. A cheerful attitude and healthy lifestyle. (ratio:30.00) 7. A spirit of teamwork and dedication. (ratio:25.00) 8. A sense of aesthetic appreciation. (ratio:5.00)			

Course Introduction	<p>The purposes of the course are to enable students to comprehend the concepts of health, physical fitness, and movement security. Through classes on physical fitness, movement security, and water activities, the course aims to help students grasp their current level of physical fitness, assess potential risks in the movement environment, and promote various methods to enhance their physical well-being.</p>
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The correspondences between the course's instructional objectives and the cognitive, affective, and psychomotor objectives.

Differentiate the various objective methods among the cognitive, affective and psychomotor domains of the course's instructional objectives.

- I. Cognitive : Emphasis upon the study of various kinds of knowledge in the cognition of the course's veracity, conception, procedures, outcomes, etc.
- II. Affective : Emphasis upon the study of various kinds of knowledge in the course's appeal, morals, attitude, conviction, values, etc.
- III. Psychomotor: Emphasis upon the study of the course's physical activity and technical manipulation.

No.	Teaching Objectives	objective methods
1	Understanding the sports environment and facility, and aware of the potential risk in environment.	Cognitive
2	Promote physical function and promote the physical and mental health.	Affective
3	To interact with people by physical activity	Psychomotor
4	Enjoy aquatics sports and develop lifelong habits.	Cognitive
5	Aware of the risk in water sports, and understand to apply the accidents of aquatics sports.	Cognitive

The correspondences of teaching objectives : core competences, essential virtues, teaching methods, and assessment

No.	Core Competences	Essential Virtues	Teaching Methods	Assessment
1		12345678	Lecture, Practicum	Practicum
2		12345678	Lecture, Practicum	Practicum
3		12345678	Practicum, Imitation	Practicum
4		12345678	Lecture, Practicum, Imitation	Practicum, Activity Participation

5		12345678	Lecture	Discussion(including classroom and online)
Course Schedule				
Week	Date	Course Contents	Note	
1	114/09/15 ~ 114/09/21	Course Introduction/Introduction to the brief history of table tennis and rules, Table tennis grip and ball feel exercises/Water safety promotion	Sports Complex (SG322 table tennis room)	
2	114/09/22 ~ 114/09/28	Serve and backhand push	Sports Complex (SG322 table tennis room)	
3	114/09/29 ~ 114/10/05	Forehand and single group practice	Sports Complex (SG322 table tennis room)	
4	114/10/06 ~ 114/10/12	Doubles competition group practice	Sports Complex (SG322 table tennis room)	
5	114/10/13 ~ 114/10/19	Ball sense exercises/basketball footwork	Basketball court next to the track and field field, rain preparation (N201)	
6	114/10/20 ~ 114/10/26	Dribble/pass/shoot on the move	Basketball court next to the track and field field, rain preparation (N201)	
7	114/10/27 ~ 114/11/02	3 vs 3 group matches	Basketball court next to the track and field field, rain preparation (N201)	
8	114/11/03 ~ 114/11/09	3 vs 3 group matches_2	Basketball court next to the track and field field, rain preparation (N201)	
9	114/11/10 ~ 114/11/16	Midterm Exam Week/Water sports safety concepts and risk assessment	swimming pool	
10	114/11/17 ~ 114/11/23	Freestyle hand movements/kickboard practice	swimming pool	
11	114/11/24 ~ 114/11/30	50m/25m basic ability test	swimming pool	
12	114/12/01 ~ 114/12/07	Water basketball group competition	swimming pool	
13	114/12/08 ~ 114/12/14	Physical fitness test (part 2)	Badminton court on the fourth floor of the gymnasium	
14	114/12/15 ~ 114/12/21	Badminton-Base and Basic stroke	Badminton court on the fourth floor of the gymnasium	
15	114/12/22 ~ 114/12/28	Badminton-Basic stroke	Badminton court on the fourth floor of the gymnasium	
16	114/12/29 ~ 115/01/04	Final Week of Diverse Assessments	Badminton court on the fourth floor of the gymnasium	

17	115/01/05 ~ 115/01/11	Final Week of Diverse Assessments/Flexible Teaching Week for Teachers	
18	115/01/12 ~ 115/01/18	Flexible Teaching Week for Teachers	
Key capabilities			
Interdisciplinary			
Distinctive teaching			
Course Content	General Courses		
Requirement	1. For swimming lessons, you need to bring your own swimsuit (outfits), swimming goggles and swimming cap. 2. If absences do not ask for leave, that will be counted as one absenteeism, and absenteeism reaches 3 times, the score of attendance score is 0, and semester grades will be failed. 3. Safety first, every student must comply.		
Textbooks and Teaching Materials	Self-made teaching materials:Presentations Using teaching materials from other writers:Textbooks		
References			
Grading Policy	◆ Attendance : 40.0 % ◆ Mark of Usual : % ◆ Midterm Exam : 20.0 % ◆ Final Exam : 20.0 % ◆ Other 〈Classroom participa〉 : 20.0 %		
Note	This syllabus may be uploaded at the website of Course Syllabus Management System at https://web2.ais.tku.edu.tw/csp or through the link of Course Syllabus Upload posted on the home page of TKU Office of Academic Affairs at http://www.acad.tku.edu.tw/CS/main.php . ※"Adhere to the concept of intellectual property rights" and "Do not illegally photocopy, download, or distribute." Using original textbooks is advised. It is a crime to improperly photocopy others' publications.		