

## Tamkang University Academic Year 113, 2nd Semester Course Syllabus

Course Title	COMPLEMENTARY AND ALTERNATIVE MEDICINE	Instructor	LIN, TZU-WEN
Course Class	TZIBM1R MASTER'S PROGRAM, DIVISION OF GERONTECHNOLOGY, GRADUATE INSTITUTE OF INTELLIGENT HEALTHCARE INDUSTRY, 1R	Details	◆ General Course ◆ Selective ◆ One Semester ◆ 3 Credits
Relevance to SDGs	SDG3 Good health and well-being for people SDG4 Quality education SDG11 Sustainable cities and communities SDG17 Partnerships for the goals		
D e p a r t m e n t a l   A i m   o f   E d u c a t i o n			
I . Development of problem solving capacity. II . Development of reserch and innovation capacity. III . Enhancement of cross-disciplinary capactiy. IV . Development of lifelong self learning capacity.			
Subject Departmental core competences			
A. Capacity of problem solving.(ratio:10.00) B. Capacity of senior health managemnt.(ratio:15.00) C. Capacity of Healthcare Industry Management.(ratio:15.00) D. Analytical capacity of health informatics.(ratio:10.00) E. Capacity of research and innovation.(ratio:15.00) F. Capacity of Scientific Paper Writing.(ratio:10.00) G. Capacity of lifelong self learning.(ratio:10.00) H. Creative Capacity.(ratio:15.00)			
Subject Schoolwide essential virtues			
1. A global perspective. (ratio:10.00) 2. Information literacy. (ratio:10.00) 3. A vision for the future. (ratio:15.00) 4. Moral integrity. (ratio:10.00) 5. Independent thinking. (ratio:15.00) 6. A cheerful attitude and healthy lifestyle. (ratio:20.00)			

7. A spirit of teamwork and dedication. (ratio:10.00)				
8. A sense of aesthetic appreciation. (ratio:10.00)				
Course Introduction	This course aims to equip students with the skills to design comprehensive health support therapy strategies, focusing on promoting the physical and mental well-being of the elderly and enhancing their quality of life. Students will learn how to integrate various supportive therapies to address different health needs, providing personalized treatment plans to achieve optimal health outcomes. The course covers holistic health aspects, including physical, psychological, emotional, and social dimensions, encouraging mind-body coordination and improving life quality.			
<p><b>The correspondences between the course's instructional objectives and the cognitive, affective, and psychomotor objectives.</b></p> <p>Differentiate the various objective methods among the cognitive, affective and psychomotor domains of the course's instructional objectives.</p> <p>I. Cognitive : Emphasis upon the study of various kinds of knowledge in the cognition of the course's veracity, conception, procedures, outcomes, etc.</p> <p>II.Affective : Emphasis upon the study of various kinds of knowledge in the course's appeal, morals, attitude, conviction, values, etc.</p> <p>III.Psychomotor: Emphasis upon the study of the course's physical activity and technical manipulation.</p>				
No.	Teaching Objectives			objective methods
1	1.Interdisciplinary Integration: The course integrates various health support therapies for the elderly, including mind-body therapy, naturopathy, yoga therapy, meditation therapy, and dance therapy.			Cognitive
2	2.Combination of Theory and Practice: Students will experience various therapies firsthand through theoretical teaching and practical exercises, mastering basic skills.			Affective
3	3. Creative Thinking: Students are encouraged to transform innovative concepts into practical products or services, enhancing their practical abilities.			Psychomotor
The correspondences of teaching objectives : core competences, essential virtues, teaching methods, and assessment				
No.	Core Competences	Essential Virtues	Teaching Methods	Assessment

1	ABCDEFGH	12345678	Lecture, Discussion, Experience, Imitation	Testing, Study Assignments, Discussion(including classroom and online), Practicum, Report(including oral and written), Activity Participation
2	ABCDEFGH	12345678	Lecture, Discussion, Publication, Experience	Study Assignments, Discussion(including classroom and online)
3	ABCDEFGH	12345678	Lecture, Discussion	Testing, Discussion(including classroom and online), Activity Participation

### Course Schedule

Week	Date	Course Contents	Note
1	114/02/17 ~ 114/02/23	Course Introduction and Overview: Definition and Scope of Complementary and Alternative Health Therapies/ 課程介紹與概述:多元健康輔助療法定義與範疇	
2	114/02/24 ~ 114/03/02	The Relationship Between Complementary Therapies and Medical Treatment/輔助療法與醫療關係	
3	114/03/03 ~ 114/03/09	Mind-Body-Spirit Integration: Mindfulness-Based Stress Reduction Therapy/身心靈整合:正念減壓療法	
4	114/03/10 ~ 114/03/16	Mind-Body-Spirit Integration: Aromatherapy/身心靈整合:芳香療法	
5	114/03/17 ~ 114/03/23	Mind-Body-Spirit Integration: Art Therapy/身心靈整合:藝術創作療法	
6	114/03/24 ~ 114/03/30	Green Care: Horticultural Therapy/綠色照護:園藝療法	
7	114/03/31 ~ 114/04/06	Children' s Day and National Tomb Sweeping Day are consecutive holidays (holidays)	
8	114/04/07 ~ 114/04/13	Life Review Therapy/生命回顧療法	
9	114/04/14 ~ 114/04/20	Midterm Exam: Related Research Report/期中考:相關研究報告	
10	114/04/21 ~ 114/04/27	Practical Application: Dance Therapy/實務操作:舞蹈療法	
11	114/04/28 ~ 114/05/04	Practical Application: Yoga Therapy/實務操作:瑜珈療法	
12	114/05/05 ~ 114/05/11	Practical Application: Drama Therapy/實務操作:戲劇療法	
13	114/05/12 ~ 114/05/18	Practical Application: Music Therapy/實務操作:音樂療法	

14	114/05/19 ~ 114/05/25	Group Discussion - Design of Complementary and Alternative Health Therapy Activities/小組討論-多元健康輔助療法活動設計	
15	114/05/26 ~ 114/06/01	Group Discussion - Planning of Complementary and Alternative Health Therapy Activities/小組討論-多元健康輔助療法活動規劃	
16	114/06/02 ~ 114/06/08	Group Sharing - Implementation of Complementary and Alternative Health Therapy Activities/小組分享-多元健康輔助療法活動執行	
17	114/06/09 ~ 114/06/15	Final Report/期末報告	
18	114/06/16 ~ 114/06/22	Final Report/期末報告	
Key capabilities			
Interdisciplinary			
Distinctive teaching			
Course Content		Sustainability issue	
Requirement		<p>1. Leave requests must be submitted online. Absences exceeding one week will be considered as truancy. If you enter the class for more than 20 minutes, you will be considered late, and if you exceed 30 minutes, you will be absent from class. Accumulated 5 absences (10 hrs) and 0 points will be calculated as zero points for the semester.</p> <p>2. Attendance checks are not done at a fixed time, so please be attentive and protect your own rights.</p> <p>3. Performance grades are based on class attendance and active participation in discussions during class breaks.</p> <p>4. Individual and group written reports should be submitted before the 15th week of the semester. Late submissions will not be accepted or graded.</p>	
Textbooks and Teaching Materials		Self-made teaching materials: Textbooks, Presentations, Handouts, Videos, Worksheets	
References			

Grading Policy	◆ Attendance : 40.0 %   ◆ Mark of Usual : 5.0 %   ◆ Midterm Exam : 20.0 % ◆ Final Exam : 25.0 % ◆ Other 〈Reflection Report〉 : 10.0 %
Note	This syllabus may be uploaded at the website of Course Syllabus Management System at <a href="http://info.ais.tku.edu.tw/csp">http://info.ais.tku.edu.tw/csp</a> or through the link of Course Syllabus Upload posted on the home page of TKU Office of Academic Affairs at <a href="http://www.acad.tku.edu.tw/CS/main.php">http://www.acad.tku.edu.tw/CS/main.php</a> . <b>※ Unauthorized photocopying is illegal. Using original textbooks is advised. It is a crime to improperly photocopy others' publications.</b>