

Tamkang University Academic Year 113, 1st Semester Course Syllabus

Course Title	LONG-TERM CARE REHABILITATION	Instructor	HUANG, CHIA-SHENG
Course Class	TZIBM1A MASTER'S PROGRAM, DIVISION OF GERONTECHNOLOGY, GRADUATE INSTITUTE OF INTELLIGENT HEALTHCARE INDUSTRY, 1A	Details	<ul style="list-style-type: none"> ◆ General Course ◆ Selective ◆ One Semester ◆ 2 Credits
Relevance to SDGs	<p>SDG3 Good health and well-being for people</p> <p>SDG10 Reducing inequalities</p>		
D e p a r t m e n t a l A i m o f E d u c a t i o n			
<p>I. Development of problem solving capacity.</p> <p>II. Development of reserch and innovation capacity.</p> <p>III. Enhancement of cross-disciplinary capacity.</p> <p>IV. Development of lifelong self learning capacity.</p>			
S u b j e c t D e p a r t m e n t a l c o r e c o m p e t e n c e s			
<p>A. Capacity of problem solving.(ratio:10.00)</p> <p>B. Capacity of senior health managemnt.(ratio:15.00)</p> <p>C. Capacity of Healthcare Industry Management.(ratio:10.00)</p> <p>D. Analytical capacity of health informatics.(ratio:10.00)</p> <p>E. Capacity of research and innovation.(ratio:10.00)</p> <p>F. Capacity of Scientific Paper Writing.(ratio:20.00)</p> <p>G. Capacity of lifelong self learning.(ratio:15.00)</p> <p>H. Creative Capacity.(ratio:10.00)</p>			
S u b j e c t S c h o o l w i d e e s s e n t i a l v i r t u e s			
<p>1. A global perspective. (ratio:10.00)</p> <p>2. Information literacy. (ratio:15.00)</p> <p>3. A vision for the future. (ratio:10.00)</p> <p>4. Moral integrity. (ratio:10.00)</p> <p>5. Independent thinking. (ratio:10.00)</p> <p>6. A cheerful attitude and healthy lifestyle. (ratio:20.00)</p>			

7. A spirit of teamwork and dedication. (ratio:15.00)

8. A sense of aesthetic appreciation. (ratio:10.00)

Course Introduction

This course is specifically designed for graduate students and aims to explore in-depth the theories and practical applications of reablement within the field of long-term care. It incorporates foundational concepts from dynamic systems theory and adapted physical education, equipping students with the professional knowledge and skills necessary to enhance the quality of life for individuals in long-term care. The goal of this course is to capable of independently designing and executing effective reablement plans, thereby promoting holistic health for long-term care recipients.

The correspondences between the course's instructional objectives and the cognitive, affective, and psychomotor objectives.

Differentiate the various objective methods among the cognitive, affective and psychomotor domains of the course's instructional objectives.

I. Cognitive : Emphasis upon the study of various kinds of knowledge in the cognition of the course's veracity, conception, procedures, outcomes, etc.

II.Affective : Emphasis upon the study of various kinds of knowledge in the course's appeal, morals, attitude, conviction, values, etc.

III.Psychomotor: Emphasis upon the study of the course's physical activity and technical manipulation.

No.	Teaching Objectives	objective methods
1	1.Understand awareness of reablement care.(瞭解復能的照顧意識)	Cognitive
2	2.Recognize the development of reablement care domestically and internationally.(認識國內外復能照顧的發展)	Cognitive
3	3.Familiarize with theories of motor behavior and adapted physical education.(認識動作行為學理論與適應體育)	Cognitive
4	4.Be capable of planning and designing reablement exercises.(能規劃與設計復能運動)	Psychomotor

The correspondences of teaching objectives : core competences, essential virtues, teaching methods, and assessment

No.	Core Competences	Essential Virtues	Teaching Methods	Assessment
1	ABCDEFGG	123456	Lecture, Discussion, Publication	Study Assignments, Discussion(including classroom and online)
2	BCDEG	1234568	Lecture, Discussion, Publication	Study Assignments, Discussion(including classroom and online), Report(including oral and written)

3	ABCDEGH	12367	Discussion, Publication, Experience, Imitation	Study Assignments, Discussion(including classroom and online), Practicum, Activity Participation
4	ABCDGH	123567	Discussion, Publication, Practicum, Experience, Imitation	Study Assignments, Practicum, Report(including oral and written), Activity Participation

Course Schedule

Week	Date	Course Contents	Note
1	113/09/09 ~ 113/09/15	Course Introduction and Assessment Methods	
2	113/09/16 ~ 113/09/22	Mid-Autumn Festival	No class
3	113/09/23 ~ 113/09/29	Introduction: Awareness of Reablement Care	
4	113/09/30 ~ 113/10/06	The Philosophy and Practice of Long-Term Care	
5	113/10/07 ~ 113/10/13	The Roles and Functions of Companions and Caregivers	
6	113/10/14 ~ 113/10/20	Long-Term Care Reablement: The concept	
7	113/10/21 ~ 113/10/27	Dynamic Systems Perspective in Motor Behavior Theory	
8	113/10/28 ~ 113/11/03	Task Analysis in Motor Behavior Theory	
9	113/11/04 ~ 113/11/10	Group Seminar: Semester Project Discussions	
10	113/11/11 ~ 113/11/17	Long-Term Care Reablement: Practical Application	
11	113/11/18 ~ 113/11/24	Theory and Practice of Adapted Physical Education	
12	113/11/25 ~ 113/12/01	Designing Reablement Exercise: Theory and Literature Review	
13	113/12/02 ~ 113/12/08	Reablement Exercise Design: Strength Training	
14	113/12/09 ~ 113/12/15	Designing Reablement Exercise: Theory and Literature Review	
15	113/12/16 ~ 113/12/22	Reablement Exercise Design: Aerobic and Stretching Exercise	
16	113/12/23 ~ 113/12/29	Final Project Oral Presentation	
17	113/12/30 ~ 114/01/05	Final Project Oral Presentation	Final term exam
18	114/01/06 ~ 114/01/12	Online Meeting & Creating Final Report	

Key capabilities	self-directed learning Information Technology Social Participation Problem solving Interdisciplinary
Interdisciplinary	Competency-based education 'competency exploration' sustained competency or global issues STEEP (Society, Technology, Economy, Environment, and Politics)
Distinctive teaching	Special/Problem-Based(PBL) Courses Learning technologies (such as AR/VR,etc.) incorporated to physical courses
Course Content	Logical Thinking Environmental Safety AI application
Requirement	I. Teaching Methods (1) Presentation and Guided Reading: The teacher or groups report on the topic of discussion for the week, reading materials include designated chapters from the textbook and research papers. (2) Questions and Discussion: Before each class, students must preview the literature scheduled in the course progress, and create a summary of key points. (3) Exchange of Opinions: Group discussions and sharing. II. Attendance Notice (1)In case of absence, it is mandatory to follow the school' s procedures to apply for leave, or inform via E-mail or message. The format for the application is flexible; however, the leave application must specify class, student ID number, name, and reason for absence. (2)Those who are absent without applying for leave will be counted as having skipped a class once; if the number of leaves reaches 3 times in a semester (including applied leaves), and if absences reach 3 times, the semester grade will be calculated as failing.
Textbooks and Teaching Materials	Self-made teaching materials:Presentations
References	衛福部 (2019) 。長照復能服務操作指引-觀念篇 。 衛福部 (2019) 。長照復能服務操作指引-操作篇 。 Rostgaard, T., Parsons, J., & Tuntland, H. (2023). Reablement in long-term care for older people: Interbational Persoectives and future directons. Bristol University.
Grading Policy	◆ Attendance : 30.0 % ◆ Mark of Usual : 40.0 % ◆ Midterm Exam : % ◆ Final Exam : 30.0 % ◆ Other < > : %
Note	This syllabus may be uploaded at the website of Course Syllabus Management System at http://info.ais.tku.edu.tw/csp or through the link of Course Syllabus Upload posted on the home page of TKU Office of Academic Affairs at http://www.acad.tku.edu.tw/CS/main.php . ※ Unauthorized photocopying is illegal. Using original textbooks is advised. It is a crime to improperly photocopy others' publications.