

Tamkang University Academic Year 113, 1st Semester Course Syllabus

Course Title	NUTRITION FOR THE ELDERLY	Instructor	CHEN, WEN-HER
Course Class	TZHBM1A MASTER'S PROGRAM, DIVISION OF PRECISION HEALTHCARE, GRADUATE INSTITUTE OF SENIOR HEALTHCARE MANAGEMENT, 1A	Details	<ul style="list-style-type: none"> ◆ General Course ◆ Selective ◆ One Semester ◆ 3 Credits
Relevance to SDGs	SDG3 Good health and well-being for people SDG4 Quality education		
Departmental Aim of Education			
I. Development of problem solving capacity. II. Development of reserch and innovation capacity. III. Enhancement of cross-disciplinary capacity. IV. Development of lifelong self learning capacity.			
Subject Departmental core competences			
A. Capacity of problem solving.(ratio:10.00) B. Capacity of senior health managemnt.(ratio:20.00) C. Capacity of Healthcare Industry Management.(ratio:10.00) D. Analytical capacity of health informatics.(ratio:20.00) E. Capacity of research and innovation.(ratio:20.00) F. Capacity of Scientific Paper Writing.(ratio:10.00) G. Capacity of lifelong self learning.(ratio:10.00)			
Subject Schoolwide essential virtues			
1. A global perspective. (ratio:10.00) 2. Information literacy. (ratio:10.00) 3. A vision for the future. (ratio:15.00) 4. Moral integrity. (ratio:10.00) 5. Independent thinking. (ratio:10.00) 6. A cheerful attitude and healthy lifestyle. (ratio:20.00) 7. A spirit of teamwork and dedication. (ratio:15.00)			

8. A sense of aesthetic appreciation. (ratio:10.00)

Course Introduction

As the global population continues to age, the field of geriatric nutrition has become increasingly important in both research and practical applications. This course aims to provide students with comprehensive knowledge of the nutritional needs of the elderly, helping them understand how to improve the health and quality of life of older adults through effective nutritional management.

The correspondences between the course's instructional objectives and the cognitive, affective, and psychomotor objectives.

Differentiate the various objective methods among the cognitive, affective and psychomotor domains of the course's instructional objectives.

I. Cognitive : Emphasis upon the study of various kinds of knowledge in the cognition of the course's veracity, conception, procedures, outcomes, etc.

II.Affective : Emphasis upon the study of various kinds of knowledge in the course's appeal, morals, attitude, conviction, values, etc.

III.Psychomotor: Emphasis upon the study of the course's physical activity and technical manipulation.

No.	Teaching Objectives	objective methods
1	Understanding the physiological changes in the elderly	Cognitive
2	Comprehending the nutritional requirements of the elderly	Cognitive
3	Identifying and managing nutrition-related diseases	Cognitive
4	Designing personalized nutrition plans	Psychomotor
5	Promoting strategies for healthy aging	Affective

The correspondences of teaching objectives : core competences, essential virtues, teaching methods, and assessment

No.	Core Competences	Essential Virtues	Teaching Methods	Assessment
1	ABCDEFGF	12345678	Lecture, Discussion	Testing, Discussion(including classroom and online), Report(including oral and written)
2	ABCDEFGF	12345678	Lecture, Discussion	Testing, Discussion(including classroom and online), Report(including oral and written)

3	ABCDEFGF	12345678	Lecture, Discussion	Testing, Study Assignments, Discussion(including classroom and online), Report(including oral and written)
4	ABCDEFGF	12345678	Lecture, Discussion	Testing, Study Assignments, Discussion(including classroom and online), Report(including oral and written)
5	ABCDEFGF	12345678	Lecture, Discussion	Testing, Study Assignments, Discussion(including classroom and online), Report(including oral and written)

Course Schedule

Week	Date	Course Contents	Note
1	113/09/09 ~ 113/09/15	Course Introduction, Application of AI in Essay Writing	
2	113/09/16 ~ 113/09/22	Demographic and Epidemiological Aspects of Aging, Geriatric Related Diseases	
3	113/09/23 ~ 113/09/29	Assessing Nutritional Status in the Elderly	
4	113/09/30 ~ 113/10/06	Gastrointestinal Health	
5	113/10/07 ~ 113/10/13	Immunity	
6	113/10/14 ~ 113/10/20	Endocrinology and Metabolism	
7	113/10/21 ~ 113/10/27	Skin, Lungs, Eyes and Hair	
8	113/10/28 ~ 113/11/03	Musculoskeletal	
9	113/11/04 ~ 113/11/10	Mental and Sleep	
10	113/11/11 ~ 113/11/17	Neurodegenerative Diseases	
11	113/11/18 ~ 113/11/24	Oncology	
12	113/11/25 ~ 113/12/01	Improving Patient Motivation and Compliance with Nutritional Care: The Importance of Overcoming Psychological Barriers	
13	113/12/02 ~ 113/12/08	How to Maintain and Promote Nutritional Care Improvements	
14	113/12/09 ~ 113/12/15	Physical Activity, Exercise, and Physical Rehabilitation	

15	113/12/16~ 113/12/22	Prevention and Management of Stress Injuries	
16	113/12/23~ 113/12/29	Obesity and the Health of Older People	
17	113/12/30~ 114/01/05	New Year's Day Holiday	
18	114/01/06~ 114/01/12	Supplementary Teaching Week	
Key capabilities	self-directed learning Problem solving Interdisciplinary		
Interdisciplinary	Competency-based education 'competency exploration' sustained competency or global issues STEEP (Society, Technology, Economy, Environment, and Politics)		
Distinctive teaching	Translation Teaching Course Special/Problem-Based(PBL) Courses		
Course Content	Logical Thinking Sustainability issue		
Requirement			
Textbooks and Teaching Materials	Self-made teaching materials:Handouts Using teaching materials from other writers:Textbooks		
References			
Grading Policy	◆ Attendance : % ◆ Mark of Usual : 60.0 % ◆ Midterm Exam : % ◆ Final Exam : 40.0 % ◆ Other < > : %		
Note	This syllabus may be uploaded at the website of Course Syllabus Management System at http://info.ais.tku.edu.tw/csp or through the link of Course Syllabus Upload posted on the home page of TKU Office of Academic Affairs at http://www.acad.tku.edu.tw/CS/main.php . ※ Unauthorized photocopying is illegal. Using original textbooks is advised. It is a crime to improperly photocopy others' publications.		