

## Tamkang University Academic Year 113, 1st Semester Course Syllabus

Course Title	MALE AND FEMALE PHYSICAL EDUCATION	Instructor	YU-CHI CHANG
Course Class	TRJXB1A DEPARTMENT OF GLOBAL POLITICS AND ECONOMICS (ENGLISH-TAUGHT PROGRAM), 1A	Details	◆ General Course ◆ Required ◆ One Semester ◆ 1 Credits
Relevance to SDGs	SDG3 Good health and well-being for people SDG4 Quality education SDG5 Gender equality SDG17 Partnerships for the goals		
D e p a r t m e n t a l   A i m   o f   E d u c a t i o n			
I . Enhance physical adaptability. II . Establish correct sports concept. III . Enhance sport skills. IV . Experience fun in sports participation.			
Subject Schoolwide essential virtues			
1. A global perspective. (ratio:5.00) 2. Information literacy. (ratio:5.00) 3. A vision for the future. (ratio:5.00) 4. Moral integrity. (ratio:20.00) 5. Independent thinking. (ratio:5.00) 6. A cheerful attitude and healthy lifestyle. (ratio:30.00) 7. A spirit of teamwork and dedication. (ratio:25.00) 8. A sense of aesthetic appreciation. (ratio:5.00)			

Course Introduction	The purposes of the course are to let students understand the concepts and basic information of the Basketball, Volleyball, Softball, and swimming. Through practicing in class, movement security, and water activities arrangements, they help students understand the present situation of individual exercise techniques; assess the movement environment potential risks;promote the methods of exercises.			
<p align="center"><b>The correspondences between the course's instructional objectives and the cognitive, affective, and psychomotor objectives.</b></p> <p>Differentiate the various objective methods among the cognitive, affective and psychomotor domains of the course's instructional objectives.</p> <p>I. Cognitive : Emphasis upon the study of various kinds of knowledge in the cognition of the course's veracity, conception, procedures, outcomes, etc.</p> <p>II.Affective : Emphasis upon the study of various kinds of knowledge in the course's appeal, morals, attitude, conviction, values, etc.</p> <p>III.Psychomotor: Emphasis upon the study of the course's physical activity and technical manipulation.</p>				
No.	Teaching Objectives			objective methods
1	Understanding the sports environment and facility, and aware of the potential risk in environment.			Cognitive
2	Promote physical function and promote the physical and mental health.			Cognitive
3	Enjoy aquatics sports and develop lifelong habits.Aware of the risk in water sports, and understand to apply the accidents of aquatics sports. 4.To interact with people by physical activity			Cognitive
The correspondences of teaching objectives : core competences, essential virtues, teaching methods, and assessment				
No.	Core Competences	Essential Virtues	Teaching Methods	Assessment
1		12345678	Lecture, Practicum, Experience	Testing, Practicum, Activity Participation
2		12345678	Practicum, Experience	Testing, Practicum
3		12345678	Practicum, Experience	Testing, Practicum, Activity Participation
Course Schedule				
Week	Date	Course Contents		Note

1	113/09/09 ~ 113/09/15	Introduction of sports facilities of campus, requirements of course.	
2	113/09/16 ~ 113/09/22	Basketball: introduction and practice of basic techniques	
3	113/09/23 ~ 113/09/29	Basketball: introduction and practice of dribbling, and passing(Aquatic activity security promoting week)	
4	113/09/30 ~ 113/10/06	Basketball: introduction and practice of shooting, and laying-up	
5	113/10/07 ~ 113/10/13	Basketball: practice of 1 on 1, 2 on 2, and 3 on 3	
6	113/10/14 ~ 113/10/20	Volleyball: introduction and practice of passing techniques: toss and dig	
7	113/10/21 ~ 113/10/27	Volleyball: introduction and practice and serving	
8	113/10/28 ~ 113/11/03	Volleyball: warm up, stretching, basic foot work, and techniques	
9	113/11/04 ~ 113/11/10	Midterm Exam/Midterm Assessment Week (teachers can adjust the week as needed)	
10	113/11/11 ~ 113/11/17	Softball: introduction and practice of basic techniques	
11	113/11/18 ~ 113/11/24	Softball: introduction and practice of pitching, and catching	
12	113/11/25 ~ 113/12/01	Softball: introduction and practice of base-running catching grounding ball and flying ball,	
13	113/12/02 ~ 113/12/08	Softball: practice hitting and defending	
14	113/12/09 ~ 113/12/15	Swimming: introduction of security rules of water exercise and risk assessment	
15	113/12/16 ~ 113/12/22	Swimming: examination of swimming skills, breathing skills	
16	113/12/23 ~ 113/12/29	Swimming: introduction of techniques of life rescue on shore	
17	113/12/30 ~ 114/01/05	Final Exam/Final Assessment Week (teachers can adjust the week as needed)	
18	114/01/06 ~ 114/01/12	Flexible Teaching Week: Generally, no in-person classes; teachers may arrange teaching activities or final assessments, among other options.	

Key capabilities	self-directed learning Social Participation
Interdisciplinary	STEAM course (S:Science, T:Technology, E:Engineering, M:Math, A field:Integration of Art and Humanist) Competency-based education 'competency exploration' sustained competency or global issues STEEP (Society, Technology, Economy, Environment, and Politics) In addition to teaching content of the teacher's professional field, integrate other subjects or invite experts and scholars in other fields to share knowledge or teaching
Distinctive teaching	Game-based learning courses Collaborative teaching (multiple teachers and business teachers in the school) course Learning technologies (such as AR/VR,etc.) incorporated to physical courses
Course Content	General Courses
Requirement	
Textbooks and Teaching Materials	Self-made teaching materials:Handouts, Videos, Practice
References	
Grading Policy	<p>◆ Attendance : 40.0 %    ◆ Mark of Usual :       %    ◆ Midterm Exam : 30.0 %</p> <p>◆ Final Exam : 30.0 %</p> <p>◆ Other &lt;   &gt; :       %</p>
Note	<p>This syllabus may be uploaded at the website of Course Syllabus Management System at <a href="http://info.ais.tku.edu.tw/csp">http://info.ais.tku.edu.tw/csp</a> or through the link of Course Syllabus Upload posted on the home page of TKU Office of Academic Affairs at <a href="http://www.acad.tku.edu.tw/CS/main.php">http://www.acad.tku.edu.tw/CS/main.php</a>.</p> <p><b>※ Unauthorized photocopying is illegal. Using original textbooks is advised. It is a crime to improperly photocopy others' publications.</b></p>