

Tamkang University Academic Year 112, 2nd Semester Course Syllabus

Course Title	PHYSICAL EDUCATION-VOLLEYBALL	Instructor	HUANG, CHIA-SHENG
Course Class	TGUPB1M PE BY INTEREST, 1M	Details	<ul style="list-style-type: none"> ◆ General Course ◆ Required ◆ One Semester
Relevance to SDGs	SDG3 Good health and well-being for people		
D e p a r t m e n t a l A i m o f E d u c a t i o n			
<ul style="list-style-type: none"> I. Enhance physical adaptability. II. Establish correct sports concept. III. Enhance sport skills. IV. Experience fun in sports participation. 			
Subject Schoolwide essential virtues			
<ul style="list-style-type: none"> 1. A global perspective. (ratio:5.00) 2. Information literacy. (ratio:5.00) 3. A vision for the future. (ratio:5.00) 4. Moral integrity. (ratio:20.00) 5. Independent thinking. (ratio:5.00) 6. A cheerful attitude and healthy lifestyle. (ratio:30.00) 7. A spirit of teamwork and dedication. (ratio:25.00) 8. A sense of aesthetic appreciation. (ratio:5.00) 			

Course Introduction	<p>This course is designed for beginners in volleyball, with the aim of cultivating fundamental volleyball skills, understanding relevant knowledge, and learning game rules. It seeks to promote students' physical and mental development, foster a spirit of teamwork, and derive enjoyment from the volleyball sport. The goal is to make volleyball one of the lifelong options for sports engagement.</p>
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The correspondences between the course's instructional objectives and the cognitive, affective, and psychomotor objectives.

Differentiate the various objective methods among the cognitive, affective and psychomotor domains of the course's instructional objectives.

- I. Cognitive : Emphasis upon the study of various kinds of knowledge in the cognition of the course's veracity, conception, procedures, outcomes, etc.
- II. Affective : Emphasis upon the study of various kinds of knowledge in the course's appeal, morals, attitude, conviction, values, etc.
- III. Psychomotor: Emphasis upon the study of the course's physical activity and technical manipulation.

No.	Teaching Objectives	objective methods
1	Learn the basic movement of volleyball.	Psychomotor
2	Understand the rules of volleyball.	Cognitive
3	Be able to watch volleyball matches.	Affective
4	Display a high level of sportsmanship and game etiquette.	Affective

The correspondences of teaching objectives : core competences, essential virtues, teaching methods, and assessment

No.	Core Competences	Essential Virtues	Teaching Methods	Assessment
1		12345678	Lecture, Discussion, Practicum, Experience, Imitation	Testing, Discussion(including classroom and online), Practicum, Activity Participation
2		12345678	Lecture, Discussion, Experience	Study Assignments, Discussion(including classroom and online), Report(including oral and written), Activity Participation

3		12345678	Lecture, Discussion, Experience	Testing, Study Assignments, Discussion(including classroom and online), Report(including oral and written)
4		12345678	Lecture, Discussion, Publication	Testing, Discussion(including classroom and online), Report(including oral and written), Activity Participation

Course Schedule

Week	Date	Course Contents	Note
1	113/02/19~ 113/02/25	Introduction of course, grade assessment methods, brief history of volleyball, warm up exercise	Introduction of course, grade assessment methods, brief history of volleyball, warm up exercise
2	113/02/26~ 113/03/03	Ball control exercises, overhand & underhand passing: essentials of the technique and practice methods.	
3	113/03/04~ 113/03/10	Volleyball passing and setting exercises.	
4	113/03/11~ 113/03/17	Short-distance overhand & underhand serving (6m), multi-person passing (setting) exercises.	
5	113/03/18~ 113/03/24	Introduction to volleyball game rules, medium-distance overhand & underhand serving (6-9m).	
6	113/03/25~ 113/03/31	Volleyball referee hand signals, medium-distance overhand & underhand serving	Quiz 1
7	113/04/01~ 113/04/07	Long Holiday	No class
8	113/04/08~ 113/04/14	Serve-Receive-Pass (Set) combination practice, long-distance overhand & underhand serving (9m and above).	
9	113/04/15~ 113/04/21	Basic spiking movement practice, long-distance overhand & underhand serving.	Midterm Exam Week
10	113/04/22~ 113/04/28	Basic blocking practice, Serve- Receive - Pass (Set) - Spike combination exercise.	Quiz 2
11	113/04/29~ 113/05/05	Introduction to offensive and defensive tactics.	
12	113/05/06~ 113/05/12	Volleyball offensive tactics practice I, group competition I.	
13	113/05/13~ 113/05/19	Volleyball offensive tactics practice II, group competition II.	

14	113/05/20 ~ 113/05/26	Group competition III	
15	113/05/27 ~ 113/06/02	Group competition IV	
16	113/06/03 ~ 113/06/09	Group competition V	
17	113/06/10 ~ 113/06/16	Final Exam Week (Date:113/6/11-113/6/17)	
18	113/06/17 ~ 113/06/23	Make-up exam, Flex week, learning activities should be arranged.	
Key capabilities			
Interdisciplinary			
Distinctive teaching			
Course Content		General Courses	
Requirement		<p>1.Please be sure to wear appropriate sportswear, and to take a towel and a water bottle. It is forbidden to wear jeans and other inconvenient clothing to exercise.</p> <p>2.Those who are absent must ask for leave in accordance with the school leave procedures, and then print and submit the leave record within the designed deadline.</p> <p>3.To take roll call 5 minutes after the class bell rings. Those who arrive more than 30 minutes after the bell rings, or leave without the teacher' s permission during class, will be an absenteeism.</p> <p>4.If absentees do not ask for leave, they will be counted as one absenteeism, and absenteeism reaches 3 times, the score of attendance score is 0, and semester grades will be failed.</p>	
Textbooks and Teaching Materials		<p>Self-made teaching materials:Presentations</p> <p>Using teaching materials from other writers:Textbooks, Presentations, Videos</p>	
References		<p>Atkins, K., (2004). Basketball offenses and plays (3rd ed.). Human Kinetics.</p> <p>Federation internationale de volleyball (2021). Official volleyball rules 2021-2024. FIVB.</p> <p>林竹茂 (1976)。排球教學與訓練。順先。</p> <p>李建毅 (1995)。排球運動攻防技戰術訓練應用探討。中華體育季刊。9(3) · 105-110。</p> <p>林啟東 (2000)。排球運動技術發展規律探析。中華體育季刊。14(1) · 70-76。</p> <p>張恩崇 (2000)。排球選手手臂空中移位籃網技術應用初探。中華體育季刊14(2) · 55-64。</p> <p>卓俊辰總校閱(2020)。健康體適能-理論與實務(四版修訂版)。華格那。</p> <p>盧俊宏、張育愷、王俊智、溫蕙甄、賴韻宇、陳聰毅等(2019)。運動健康與體適能。華都文化。</p>	

Grading Policy	<p>◆ Attendance : 50.0 % ◆ Mark of Usual : 30.0 % ◆ Midterm Exam : %</p> <p>◆ Final Exam : 15.0 %</p> <p>◆ Other 〈Physical fitness〉 : 5.0 %</p>
Note	<p>This syllabus may be uploaded at the website of Course Syllabus Management System at http://info.ais.tku.edu.tw/csp or through the link of Course Syllabus Upload posted on the home page of TKU Office of Academic Affairs at http://www.acad.tku.edu.tw/CS/main.php.</p> <p>※ Unauthorized photocopying is illegal. Using original textbooks is advised. It is a crime to improperly photocopy others' publications.</p>