

## Tamkang University Academic Year 112, 2nd Semester Course Syllabus

Course Title	PHYSICAL EDUCATION-VOLLEYBALL	Instructor	KUAN-TING LEE
Course Class	TGUPB1J PE BY INTEREST, 1J	Details	◆ General Course ◆ Required ◆ One Semester
Relevance to SDGs	SDG3 Good health and well-being for people		
D e p a r t m e n t a l   A i m   o f   E d u c a t i o n			
I . Enhance physical adaptability. II . Establish correct sports concept. III . Enhance sport skills. IV . Experience fun in sports participation.			
Subject Schoolwide essential virtues			
1. A global perspective. (ratio:5.00) 2. Information literacy. (ratio:5.00) 3. A vision for the future. (ratio:5.00) 4. Moral integrity. (ratio:20.00) 5. Independent thinking. (ratio:5.00) 6. A cheerful attitude and healthy lifestyle. (ratio:30.00) 7. A spirit of teamwork and dedication. (ratio:25.00) 8. A sense of aesthetic appreciation. (ratio:5.00)			

Course Introduction	The course discusses the characteristics of volleyball, it's history, terminologies, facilities and equipment, skills, playing surface, team compositions: format, officials and their functions, signals and rules of the game. Overall, this course promotes students to master basic skills and inspire a passion for volleyball and develop a habit of regular exercise.
---------------------	--

**The correspondences between the course's instructional objectives and the cognitive, affective, and psychomotor objectives.**

Differentiate the various objective methods among the cognitive, affective and psychomotor domains of the course's instructional objectives.

- I. Cognitive : Emphasis upon the study of various kinds of knowledge in the cognition of the course's veracity, conception, procedures, outcomes, etc.
- II.Affective : Emphasis upon the study of various kinds of knowledge in the course's appeal, morals, attitude, conviction, values, etc.
- III.Psychomotor: Emphasis upon the study of the course's physical activity and technical manipulation.

No.	Teaching Objectives	objective methods
1	1. Demonstrate understanding of the various techniques of volleyball. 2. Demonstrate effective and correct volleyball skills. 3. Demonstrate proficiency in basic volleyball skills, techniques and playing abilities. 4. Demonstrate understanding of the rules and strategies of volleyball. 5. Demonstrate a high level of sportsmanship and game etiquette. 6. Interact with people through team sports.	Cognitive

The correspondences of teaching objectives : core competences, essential virtues, teaching methods, and assessment

No.	Core Competences	Essential Virtues	Teaching Methods	Assessment
1		12345678	Lecture, Experience, Imitation	Testing, Activity Participation

**Course Schedule**

Week	Date	Course Contents	Note
1	113/02/19 ~ 113/02/25	A brief introduction to the history, rules and common sense of volleyball. Volleyball ball feel adaptation exercises.	

2	113/02/26 ~ 113/03/03	Introduction to timing of passing and referee gestures in volleyball. Basic movement exercises for high and low hand passing in volleyball (preparatory movements for passing and practice of short, medium and long footwork movements at different distances, high and low hand and one- and two-hand ball touching exercises).	
3	113/03/04 ~ 113/03/10	Basic moves for high and underhand passes. (Preparatory movements for passing the ball and moving footwork of different distances. Individual high and low hands and one- and two-hand movements to touch the ball.) Overhand and underhand serving practice - short distance 6 meters.	
4	113/03/11 ~ 113/03/17	Review of basic moves for high and underhand passes. (Preparatory movements for passing the ball and moving footwork of different distances. Individual high and low hands and one- and two-hand movements to touch the ball.) Overhand and underhand serving practice - short distance 6 meters.	
5	113/03/18 ~ 113/03/24	Basic moves for high and underhand passes. (Preparatory movements for passing the ball and moving footwork of different distances. Individual high and low hands and one- and two-hand movements to touch the ball.) Overhand and underhand serving practice - middle distance 6-9 meters.	
6	113/03/25 ~ 113/03/31	Review of basic moves for high and underhand passes. (Preparatory movements for passing the ball and moving footwork of different distances. Individual high and low hands and one- and two-hand movements to touch the ball.) Overhand and underhand serving practice - middle distance 6-9 meters.	
7	113/04/01 ~ 113/04/07	Volleyball run-up, take-off and spike footwork exercises (3, 2, 1 footwork exercises). Volleyball arm swing and hitting area exercises.	
8	113/04/08 ~ 113/04/14	Review of volleyball run-up, take-off and spike footwork exercises (3, 2, 1 footwork exercises). Volleyball arm swing and hitting area exercises.	
9	113/04/15 ~ 113/04/21	Midterm Exam Week	
10	113/04/22 ~ 113/04/28	Overhand and underhand serve drills - long distance of 9 meters or more.	

11	113/04/29 ~ 113/05/05	Review of overhand and underhand serve drills - long distance of 9 meters or more.	
12	113/05/06 ~ 113/05/12	Long-distance serve and pass drills. Spike integration drills.	
13	113/05/13 ~ 113/05/19	Long-distance jump serve and pass drills. Spike and tip integration drills.	
14	113/05/20 ~ 113/05/26	Review of long-distance jump serve and pass drills. Spike and tip integration drills.	
15	113/05/27 ~ 113/06/02	Introduction to common volleyball tactics: One/ Quick/ A, Three/ B, Back one/ C, Back Three/ D, Slide, Cross/ X, 1+1/ Tandem.	
16	113/06/03 ~ 113/06/09	Review of common volleyball tactics: One/ Quick/ A, Three/ B, Back one/ C, Back Three/ D, Slide, Cross/ X, 1+1/ Tandem.	
17	113/06/10 ~ 113/06/16	Final Exam Week (Date:113/6/11-113/6/17)	
18	113/06/17 ~ 113/06/23	Flex week, learning activities should be arranged.	
Key capabilities			
Interdisciplinary			
Distinctive teaching			
Course Content		General Courses	
Requirement			
Textbooks and Teaching Materials		Using teaching materials from other writers:Videos	

References	
Grading Policy	◆ Attendance : 20.0 %    ◆ Mark of Usual : 60.0 %    ◆ Midterm Exam : % ◆ Final Exam : 20.0 % ◆ Other (   ) : %
Note	<p>This syllabus may be uploaded at the website of Course Syllabus Management System at <a href="http://info.ais.tku.edu.tw/csp">http://info.ais.tku.edu.tw/csp</a> or through the link of Course Syllabus Upload posted on the home page of TKU Office of Academic Affairs at <a href="http://www.acad.tku.edu.tw/CS/main.php">http://www.acad.tku.edu.tw/CS/main.php</a>.</p> <p>※ <b>Unauthorized photocopying is illegal. Using original textbooks is advised. It is a crime to improperly photocopy others' publications.</b></p>