

Tamkang University Academic Year 112, 1st Semester Course Syllabus

Course Title	MALE AND FEMALE PHYSICAL EDUCATION	Instructor	YU-CHI CHANG
Course Class	TRJXB1A DEPARTMENT OF GLOBAL POLITICS AND ECONOMICS (ENGLISH-TAUGHT PROGRAM), 1A	Details	<ul style="list-style-type: none"> ◆ General Course ◆ Required ◆ One Semester
Relevance to SDGs	SDG3 Good health and well-being for people SDG4 Quality education SDG5 Gender equality SDG17 Partnerships for the goals		
D e p a r t m e n t a l A i m o f E d u c a t i o n			
I. Enhance physical adaptability. II. Establish correct sports concept. III. Enhance sport skills. IV. Experience fun in sports participation.			
Subject Schoolwide essential virtues			
1. A global perspective. (ratio:5.00) 2. Information literacy. (ratio:5.00) 3. A vision for the future. (ratio:5.00) 4. Moral integrity. (ratio:20.00) 5. Independent thinking. (ratio:5.00) 6. A cheerful attitude and healthy lifestyle. (ratio:30.00) 7. A spirit of teamwork and dedication. (ratio:25.00) 8. A sense of aesthetic appreciation. (ratio:5.00)			

Course Introduction	The purposes of the course are to let students understand the concepts of the Volleyball, badminton, basketball, and swimming and movement security. Through practicing in class, movement security, and water activities arrangements, they help students understand the present situation of individual exercise techniques; assess the movement environment potential risks; promote the methods of exercises.
----------------------------	---

The correspondences between the course's instructional objectives and the cognitive, affective, and psychomotor objectives.

Differentiate the various objective methods among the cognitive, affective and psychomotor domains of the course's instructional objectives.

- I. Cognitive : Emphasis upon the study of various kinds of knowledge in the cognition of the course's veracity, conception, procedures, outcomes, etc.
- II. Affective : Emphasis upon the study of various kinds of knowledge in the course's appeal, morals, attitude, conviction, values, etc.
- III. Psychomotor: Emphasis upon the study of the course's physical activity and technical manipulation.

No.	Teaching Objectives	objective methods
1	Introduction and practice of volleyball, badminton, basketball, and swimming techniques	Cognitive

The correspondences of teaching objectives : core competences, essential virtues, teaching methods, and assessment

No.	Core Competences	Essential Virtues	Teaching Methods	Assessment
1		12345678	Lecture, Practicum, Experience	Testing, Practicum, Activity Participation

Course Schedule

Week	Date	Course Contents	Note
1	112/09/11 ~ 112/09/17	Introduction of sports facilities of campus, requirements of course.	
2	112/09/18 ~ 112/09/24	Volleyball: warm up, stretching, basic foot work, and techniques	
3	112/09/25 ~ 112/10/01	Volleyball: introduction and practice of passing techniques: toss and dig(Aquatic activity security promoting week)	
4	112/10/02 ~ 112/10/08	Volleyball: introduction and practice and serving	

5	112/10/09 ~ 112/10/15	Badminton: Introduction and practice of forehand grip, and forehand stroke	
6	112/10/16 ~ 112/10/22	Badminton: Introduction and practice of backhand stroke	
7	112/10/23 ~ 112/10/29	Badminton: Introduction and practice of serving	
8	112/10/30 ~ 112/11/05	Badminton: real game practice	
9	112/11/06 ~ 112/11/12	Midterm Exam Week	
10	112/11/13 ~ 112/11/19	Basketball: introduction and practice of basic techniques	
11	112/11/20 ~ 112/11/26	Basketball: introduction and practice of dribbling, and passing	
12	112/11/27 ~ 112/12/03	Basketball: introduction and practice of shooting, and laying-up,	
13	112/12/04 ~ 112/12/10	Basketball: practice of 1 on 1, 2 on 2, and 3 on 3	
14	112/12/11 ~ 112/12/17	Swimming: introduction of security rules of water exercise and risk assessment	
15	112/12/18 ~ 112/12/24	Swimming: examination of swimming skills, breathing skills	
16	112/12/25 ~ 112/12/31	Swimming: introduction of techniques of life rescue on shore	
17	113/01/01 ~ 113/01/07	Final Exam Week	
18	113/01/08 ~ 113/01/14	Flex week, learning activities should be arranged.	
Key capabilities	self-directed learning Social Participation		
Interdisciplinary	STEAM course (S:Science, T:Technology, E:Engineering, M:Math, A field:Integration of Art and Humanist) Competency-based education 'competency exploration' sustained competency or global issues STEEP (Society, Technology, Economy, Environment, and Politics) In addition to teaching content of the teacher's professional field, integrate other subjects or invite experts and scholars in other fields to share knowledge or teaching		
Distinctive teaching	Game-based learning courses Collaborative teaching (multiple teachers and business teachers in the school) course Learning technologies (such as AR/VR,etc.) incorporated to physical courses		

Course Content	General Courses
Requirement	
Textbooks and Teaching Materials	Self-made teaching materials:Handouts, Videos, Practice
References	
Grading Policy	<p>◆ Attendance : 40.0 % ◆ Mark of Usual : % ◆ Midterm Exam : 30.0 %</p> <p>◆ Final Exam : 30.0 %</p> <p>◆ Other () : %</p>
Note	<p>This syllabus may be uploaded at the website of Course Syllabus Management System at http://info.ais.tku.edu.tw/csp or through the link of Course Syllabus Upload posted on the home page of TKU Office of Academic Affairs at http://www.acad.tku.edu.tw/CS/main.php .</p> <p>※ Unauthorized photocopying is illegal. Using original textbooks is advised. It is a crime to improperly photocopy others' publications.</p>