

Tamkang University Academic Year 112, 1st Semester Course Syllabus

Course Title	NATURE AND FOREST THERAPY	Instructor	WEILI JASMINE CHEN
Course Class	TRBXB2P DEPARTMENT OF INTERNATIONAL TOURISM MANAGEMENT (ENGLISH-TAUGHT PROGRAM), 2P	Details	<ul style="list-style-type: none"> ◆ General Course ◆ Selective ◆ One Semester
Relevance to SDGs	SDG3 Good health and well-being for people SDG8 Decent work and economic growth SDG9 Industry, Innovation, and Infrastructure SDG11 Sustainable cities and communities		
Departmental Aim of Education			
To develop talented managers with international competitive advantage in the tourism industry.			
Subject Departmental core competences			
A. Ability to analyze and solve problems.(ratio:10.00) B. Ability to communicate in English.(ratio:20.00) C. Proper service and work attitude.(ratio:30.00) D. Tourism management knowledge.(ratio:20.00) E. Tourism management skills.(ratio:20.00)			
Subject Schoolwide essential virtues			
1. A global perspective. (ratio:5.00) 2. Information literacy. (ratio:5.00) 3. A vision for the future. (ratio:10.00) 4. Moral integrity. (ratio:10.00) 5. Independent thinking. (ratio:5.00) 6. A cheerful attitude and healthy lifestyle. (ratio:30.00) 7. A spirit of teamwork and dedication. (ratio:15.00) 8. A sense of aesthetic appreciation. (ratio:20.00)			

Course Introduction	<p>This practical course aims to provide students a unique learning experience (about 30% theory and 70% applications) and provide the services of forest therapy to different age groups as a key element for health tourism and green care. The course will involve outdoor sessions, mountainous hikes and physical strength from participants. Learners may need to cover partial costs of transportation, meals and learning materials.</p>
----------------------------	--

The correspondences between the course's instructional objectives and the cognitive, affective, and psychomotor objectives.

Differentiate the various objective methods among the cognitive, affective and psychomotor domains of the course's instructional objectives.

- I. Cognitive : Emphasis upon the study of various kinds of knowledge in the cognition of the course's veracity, conception, procedures, outcomes, etc.
- II. Affective : Emphasis upon the study of various kinds of knowledge in the course's appeal, morals, attitude, conviction, values, etc.
- III. Psychomotor: Emphasis upon the study of the course's physical activity and technical manipulation.

No.	Teaching Objectives	objective methods
1	Providing students real world experiences in participating in forest therapy program delivery.	Cognitive
2	Providing a forest therapy program to guests.	Psychomotor

The correspondences of teaching objectives : core competences, essential virtues, teaching methods, and assessment

No.	Core Competences	Essential Virtues	Teaching Methods	Assessment
1	ABCDE	12345678	Practicum, Experience, Imitation	Discussion(including classroom and online), Practicum, Report(including oral and written), Activity Participation
2	ABCDE	12345678	Practicum	Practicum, Report(including oral and written), Activity Participation

Course Schedule

Week	Date	Course Contents	Note
1	112/09/11 ~ 112/09/17	Sustainable tourism resources and the health of people, land and nature	

2	112/09/18 ~ 112/09/24	Intl. trend and certifications	
3	112/09/25 ~ 112/10/01	Forest therapy	
4	112/10/02 ~ 112/10/08	Nature prescription	
5	112/10/09 ~ 112/10/15	Stress and the needs of teenagers	
6	112/10/16 ~ 112/10/22	Dealing with grief (The tree of my life)	
7	112/10/23 ~ 112/10/29	Counseling in the woods	
8	112/10/30 ~ 112/11/05	On communication and ethics	11/3 (Fri) Field trip
9	112/11/06 ~ 112/11/12	Midterm Exam Week	
10	112/11/13 ~ 112/11/19	Outdoor safety and assessment	
11	112/11/20 ~ 112/11/26	Water resources, community, and field work	
12	112/11/27 ~ 112/12/03	Programming application and feedback	
13	112/12/04 ~ 112/12/10	Trekking with the elderly	
14	112/12/11 ~ 112/12/17	Forest therapy programming and evaluation	
15	112/12/18 ~ 112/12/24	Applications 1	12/20 (Wed) field demonstration
16	112/12/25 ~ 112/12/31	Applications 2	
17	113/01/01 ~ 113/01/07	Final Exam Week	
18	113/01/08 ~ 113/01/14	Flex week, learning activities should be arranged.	
Key capabilities	Humanistic Caring Interdisciplinary		
Interdisciplinary	In addition to teaching content of the teacher's professional field, integrate other subjects or invite experts and scholars in other fields to share knowledge or teaching		
Distinctive teaching	Industry-university collaboration courses Special/Problem-Based(PBL) Courses		

Course Content	Sustainability issue
Requirement	<p>Encouraging: 1. Open-minded and willing to try new things 2. Happy to interact with instructor & classmates 3. Can also enjoy learning, discovery, & diversity</p> <p>Strongly discouraged: 1. Cheating and plagiarism will receive zero on the task(s): References and acknowledgement of the original author(s) or source must be made through appropriate references. 2. Points will be deducted for late work (-20% per calendar day late) unless negotiated with the instructor in advance of the due date/hour. <input type="checkbox"/>Not accepting after 24 hours. Please plan ahead to avoid last-minute technology problems. No name, no grade. 3. Any leave excuse shall be communicated to the instructor in person prior to classes. 4. The following behaviors will be STRONGLY discouraged -Using cell phones for chats (Line, FB, message...) & shopping, iPod, iPad, laptop computers that are not related to course, unrelated games, film from smartphones -Napping/Sleeping -Reading one's own materials/doing your own homework in classes -Longer than 5-min leave from the classroom during the class. You will lose opportunities for Bonus! **Missing 3 class periods will be dismissed from final projects.</p>
Textbooks and Teaching Materials	<p>Self-made teaching materials:Presentations, Handouts, Worksheets Using teaching materials from other writers:Videos</p>
References	<p>Forest Therapy Guide Certification, Taiwan Visit: https://www.twforesttherapy.org/ (US) Association of Nature and Forest Therapy Guides & Programs Visit: https://www.natureandforesttherapy.earth/</p>
Grading Policy	<p>◆ Attendance : 10.0 % ◆ Mark of Usual : 15.0 % ◆ Midterm Exam : 25.0 % ◆ Final Exam : 25.0 % ◆ Other <Written reports> : 25.0 %</p>
Note	<p>This syllabus may be uploaded at the website of Course Syllabus Management System at http://info.ais.tku.edu.tw/csp or through the link of Course Syllabus Upload posted on the home page of TKU Office of Academic Affairs at http://www.acad.tku.edu.tw/CS/main.php .</p> <p>※ Unauthorized photocopying is illegal. Using original textbooks is advised. It is a crime to improperly photocopy others' publications.</p>