

Tamkang University Academic Year 112, 1st Semester Course Syllabus

Course Title	MALE AND FEMALE PHYSICAL EDUCATION	Instructor	KUAN-TING LEE
Course Class	TLBAB1A DEPARTMENT OF BANKING AND FINANCE DIVISION OF GLOBAL FINANCIAL MANAGEMENT (ENGLISH-TAUGHT PROGRAM),	Details	♦ General Course ♦ Required ♦ One Semester
Relevance to SDGs	1A SDG3 Good health and well-being for people SDG5 Gender equality SDG17 Partnerships for the goals		
D e p a r t m e n t a l A i m o f E d u c a t i o n			
I . Enhance physical adaptability. II . Establish correct sports concept. III . Enhance sport skills. IV . Experience fun in sports participation.			
Subject Schoolwide essential virtues			
1. A global perspective. (ratio:5.00) 2. Information literacy. (ratio:5.00) 3. A vision for the future. (ratio:5.00) 4. Moral integrity. (ratio:20.00) 5. Independent thinking. (ratio:5.00) 6. A cheerful attitude and healthy lifestyle. (ratio:30.00) 7. A spirit of teamwork and dedication. (ratio:25.00) 8. A sense of aesthetic appreciation. (ratio:5.00)			

Course Introduction	The purposes of the course are to let students understand the concepts of the health, physical, fitness and movement security. Through the classes of physical, fitness, movement security, and water activities arrangements, they helps tudents understand the present situation of individual physical fitness; assess the movement environment potential risks; promote the methods of physical fitness.
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The correspondences between the course's instructional objectives and the cognitive, affective, and psychomotor objectives.

Differentiate the various objective methods among the cognitive, affective and psychomotor domains of the course's instructional objectives.

- I. Cognitive : Emphasis upon the study of various kinds of knowledge in the cognition of the course's veracity, conception, procedures, outcomes, etc.
- II.Affective : Emphasis upon the study of various kinds of knowledge in the course's appeal, morals, attitude, conviction, values, etc.
- III.Psychomotor: Emphasis upon the study of the course's physical activity and technical manipulation.

No.	Teaching Objectives	objective methods
1	1. Understanding the sports environment and facility, and aware of the potential risk in environment. 2. Promote physical function and promote the physical and mental health. 3. Promote personal swimming skills. 4. Enjoy aquatics sports and develop lifelong habits. 5. Aware of the risk in water sports, and understand to apply the accidents of aquatics sports. 6. To interact with people by physical activity.	Cognitive

The correspondences of teaching objectives : core competences, essential virtues, teaching methods, and assessment

No.	Core Competences	Essential Virtues	Teaching Methods	Assessment
1		12345678	Lecture, Practicum, Experience, Imitation	Testing, Practicum, Activity Participation

Course Schedule

Week	Date	Course Contents	Note
1	112/09/11 ~ 112/09/17	Table tennis introduction and rules. Table tennis racket and ball handing, forehand, backhand stroke, serve and receive.	

2	112/09/18 ~ 112/09/24	Table tennis moving steps and smash. Table tennis serve topspin, backspin stroke.	
3	112/09/25 ~ 112/10/01	Table tennis singles introduction and match. Table tennis doubles introduction and teamwork.	
4	112/10/02 ~ 112/10/08	Table tennis singles and doubles match.	
5	112/10/09 ~ 112/10/15	Basketball introduction and rules. Basketball ball handing, passing and receiving Integration practice.	
6	112/10/16 ~ 112/10/22	Basketball dribble and pace integration practice. Basketball shooting and dribbling layup practice.	
7	112/10/23 ~ 112/10/29	Basketball team offense and defense introduction. Basketball half court three-on-three group match.	
8	112/10/30 ~ 112/11/05	Basketball full-court five-on-five group match. Basketball skill competition.	
9	112/11/06 ~ 112/11/12	Midterm Exam Week	
10	112/11/13 ~ 112/11/19	Safety concept and risk assessment of water activities. Basic swimming ability test, familiar with water and water games.	
11	112/11/20 ~ 112/11/26	Freestyle and breaststroke swimming integration practice. Lifesaving concepts and skills, self rescue in water.	
12	112/11/27 ~ 112/12/03	Freestyle and breaststroke swimming integration practice. Lifesaving concepts and skills, self rescue in water.	
13	112/12/04 ~ 112/12/10	Volleyball introduction and rules. Volleyball ball handing, underarm serve, pass and catch integration practice.	
14	112/12/11 ~ 112/12/17	Volleyball overhandr serve, lift, pass and catch integration practice. Volleyball smash Integration Exercise.	
15	112/12/18 ~ 112/12/24	Volleyball team offense and defense introduction. Volleyball group match.	
16	112/12/25 ~ 112/12/31	Volleyball group match. Volleyball skill competition.	
17	113/01/01 ~ 113/01/07	Final Exam Week	
18	113/01/08 ~ 113/01/14	Flex week, learning activities should be arranged.	

Key capabilities	
Interdisciplinary	
Distinctive teaching	
Course Content	General Courses
Requirement	
Textbooks and Teaching Materials	Using teaching materials from other writers:Videos
References	
Grading Policy	<p>◆ Attendance : 20.0 % ◆ Mark of Usual : 60.0 % ◆ Midterm Exam : %</p> <p>◆ Final Exam : 20.0 %</p> <p>◆ Other () : %</p>
Note	<p>This syllabus may be uploaded at the website of Course Syllabus Management System at http://info.ais.tku.edu.tw/csp or through the link of Course Syllabus Upload posted on the home page of TKU Office of Academic Affairs at http://www.acad.tku.edu.tw/CS/main.php.</p> <p>※ Unauthorized photocopying is illegal. Using original textbooks is advised. It is a crime to improperly photocopy others' publications.</p>