

## Tamkang University Academic Year 112, 1st Semester Course Syllabus

|                                                                                                                                                                                                                                                                                                                                                                                        |                                                                    |            |                                                  |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|------------|--------------------------------------------------|
| Course Title                                                                                                                                                                                                                                                                                                                                                                           | PHYSICAL EDUCATION-SOFT TENNIS                                     | Instructor | CHEN, KAI-CHIH                                   |
| Course Class                                                                                                                                                                                                                                                                                                                                                                           | TGUPB2B<br>PE BY INTEREST, 2B                                      | Details    | ◆ General Course<br>◆ Required<br>◆ 1st Semester |
| Relevance to SDGs                                                                                                                                                                                                                                                                                                                                                                      | SDG3 Good health and well-being for people<br>SDG5 Gender equality |            |                                                  |
| D e p a r t m e n t a l   A i m   o f   E d u c a t i o n                                                                                                                                                                                                                                                                                                                              |                                                                    |            |                                                  |
| I . Enhance physical adaptability.<br>II . Establish correct sports concept.<br>III . Enhance sport skills.<br>IV . Experience fun in sports participation.                                                                                                                                                                                                                            |                                                                    |            |                                                  |
| Subject Schoolwide essential virtues                                                                                                                                                                                                                                                                                                                                                   |                                                                    |            |                                                  |
| 1. A global perspective. (ratio:5.00)<br>2. Information literacy. (ratio:5.00)<br>3. A vision for the future. (ratio:5.00)<br>4. Moral integrity. (ratio:20.00)<br>5. Independent thinking. (ratio:5.00)<br>6. A cheerful attitude and healthy lifestyle. (ratio:30.00)<br>7. A spirit of teamwork and dedication. (ratio:25.00)<br>8. A sense of aesthetic appreciation. (ratio:5.00) |                                                                    |            |                                                  |

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                          |                                              |                     |                                                          |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------|---------------------|----------------------------------------------------------|
| Course Introduction                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Through the learning of the basic movements, rules, record laws and the referee laws of soft tennis, as well as the courses to develop the appreciation of the soft tennis games, this class provides students who are interested in soft tennis games and the referee laws to possess the basic ability of getting the soft tennis referee certificate. |                                              |                     |                                                          |
| <p><b>The correspondences between the course's instructional objectives and the cognitive, affective, and psychomotor objectives.</b></p> <p>Differentiate the various objective methods among the cognitive, affective and psychomotor domains of the course's instructional objectives.</p> <p>I. Cognitive : Emphasis upon the study of various kinds of knowledge in the cognition of the course's veracity, conception, procedures, outcomes, etc.</p> <p>II.Affective : Emphasis upon the study of various kinds of knowledge in the course's appeal, morals, attitude, conviction, values, etc.</p> <p>III.Psychomotor: Emphasis upon the study of the course's physical activity and technical manipulation.</p> |                                                                                                                                                                                                                                                                                                                                                          |                                              |                     |                                                          |
| No.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Teaching Objectives                                                                                                                                                                                                                                                                                                                                      |                                              |                     | objective methods                                        |
| 1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Understand the history and developments of soft tennis.                                                                                                                                                                                                                                                                                                  |                                              |                     | Cognitive                                                |
| 2                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | to Know well the international amateur soft tennis rules.                                                                                                                                                                                                                                                                                                |                                              |                     | Affective                                                |
| 3                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | to enhance the learning effects of soft tennis skills                                                                                                                                                                                                                                                                                                    |                                              |                     | Psychomotor                                              |
| The correspondences of teaching objectives : core competences, essential virtues, teaching methods, and assessment                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                          |                                              |                     |                                                          |
| No.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Core Competences                                                                                                                                                                                                                                                                                                                                         | Essential Virtues                            | Teaching Methods    | Assessment                                               |
| 1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                          | 12                                           | Lecture, Discussion | Discussion(including classroom and online)               |
| 2                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                          | 345                                          | Lecture, Discussion | Discussion(including classroom and online),<br>Practicum |
| 3                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                          | 5678                                         | Practicum           | Discussion(including classroom and online),<br>Practicum |
| Course Schedule                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                          |                                              |                     |                                                          |
| Week                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Date                                                                                                                                                                                                                                                                                                                                                     | Course Contents                              |                     | Note                                                     |
| 1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | 112/09/11~<br>112/09/17                                                                                                                                                                                                                                                                                                                                  | to introduce the rules of this class. 課堂規則介紹 |                     |                                                          |

|                      |                          |                                                                             |  |
|----------------------|--------------------------|-----------------------------------------------------------------------------|--|
| 2                    | 112/09/18 ~<br>112/09/24 | to introduce the forehand skill. 正拍動作介紹                                     |  |
| 3                    | 112/09/25 ~<br>112/10/01 | to drill the forehand skill. 正手拍練習                                          |  |
| 4                    | 112/10/02 ~<br>112/10/08 | to introduce the backhand skill. 反手拍介紹                                      |  |
| 5                    | 112/10/09 ~<br>112/10/15 | to drill the backhand skill. 反手拍練習                                          |  |
| 6                    | 112/10/16 ~<br>112/10/22 | to introduce the forehand and backhand volley skill. 介紹<br>正反手拍截擊           |  |
| 7                    | 112/10/23 ~<br>112/10/29 | to drill the forehand and backhand volley skill. 正反手拍<br>截擊練習               |  |
| 8                    | 112/10/30 ~<br>112/11/05 | to introduce the serve skill. 介紹發球技巧                                        |  |
| 9                    | 112/11/06 ~<br>112/11/12 | fitness 體適能測驗                                                               |  |
| 10                   | 112/11/13 ~<br>112/11/19 | fitness test 體適能測驗                                                          |  |
| 11                   | 112/11/20 ~<br>112/11/26 | to introduce the rules of single match. 介紹單打比賽                              |  |
| 12                   | 112/11/27 ~<br>112/12/03 | to divide into groups and to play the single match. 分組<br>比賽單打              |  |
| 13                   | 112/12/04 ~<br>112/12/10 | to play the single match. 單打比賽                                              |  |
| 14                   | 112/12/11 ~<br>112/12/17 | to play the single match. 單打比賽                                              |  |
| 15                   | 112/12/18 ~<br>112/12/24 | to introduce the rules of double match and to divide<br>into groups. 介紹雙打比賽 |  |
| 16                   | 112/12/25 ~<br>112/12/31 | to play the double match. 雙打比賽                                              |  |
| 17                   | 113/01/01 ~<br>113/01/07 | Final Exam Week                                                             |  |
| 18                   | 113/01/08 ~<br>113/01/14 | Flex week, learning activities should be arranged.                          |  |
| Key capabilities     |                          |                                                                             |  |
| Interdisciplinary    |                          |                                                                             |  |
| Distinctive teaching |                          |                                                                             |  |
|                      |                          |                                                                             |  |

|                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
|----------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Course Content                   | General Courses                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Requirement                      | 1.to put on the sport clothes and shoes.穿著運動服裝和運動鞋<br>2.do not absence for 3 times, or you can not join the final exam.勿缺席3次·則不能參與期末考                                                                                                                                                                                                                                                                                                                                                                                                  |
| Textbooks and Teaching Materials | Self-made teaching materials:no                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| References                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Grading Policy                   | <p>◆ Attendance : 70.0 %    ◆ Mark of Usual :       %    ◆ Midterm Exam :       %</p> <p>◆ Final Exam : 20.0 %</p> <p>◆ Other 〈上課表現 〉 : 10.0 %</p>                                                                                                                                                                                                                                                                                                                                                                                     |
| Note                             | <p>This syllabus may be uploaded at the website of Course Syllabus Management System at <a href="http://info.ais.tku.edu.tw/csp">http://info.ais.tku.edu.tw/csp</a> or through the link of Course Syllabus Upload posted on the home page of TKU Office of Academic Affairs at <a href="http://www.acad.tku.edu.tw/CS/main.php">http://www.acad.tku.edu.tw/CS/main.php</a>.</p> <p><b>※ Unauthorized photocopying is illegal. Using original textbooks is advised. It is a crime to improperly photocopy others' publications.</b></p> |