

Tamkang University Academic Year 112, 1st Semester Course Syllabus

Course Title	MALE AND FEMALE PHYSICAL EDUCATION	Instructor	WANG FONG-JIA
Course Class	TFLAB1A DEPARTMENT OF ENGLISH (ENGLISH-TAUGHT PROGRAM), 1A	Details	◆ General Course ◆ Required ◆ One Semester
Relevance to SDGs	SDG3 Good health and well-being for people SDG4 Quality education SDG5 Gender equality		
D e p a r t m e n t a l A i m o f E d u c a t i o n			
I . Enhance physical adaptability. II . Establish correct sports concept. III . Enhance sport skills. IV . Experience fun in sports participation.			
Subject Schoolwide essential virtues			
1. A global perspective. (ratio:5.00) 2. Information literacy. (ratio:5.00) 3. A vision for the future. (ratio:5.00) 4. Moral integrity. (ratio:20.00) 5. Independent thinking. (ratio:5.00) 6. A cheerful attitude and healthy lifestyle. (ratio:30.00) 7. A spirit of teamwork and dedication. (ratio:25.00) 8. A sense of aesthetic appreciation. (ratio:5.00)			

Course Introduction	The purposes of the course are to enable students to comprehend the concepts of health, physical fitness, and movement security. Through classes on physical fitness, movement security, and water activities, the course aims to help students grasp their current level of physical fitness, assess potential risks in the movement environment, and promote various methods to enhance their physical well-being.			
<p>The correspondences between the course's instructional objectives and the cognitive, affective, and psychomotor objectives.</p> <p>Differentiate the various objective methods among the cognitive, affective and psychomotor domains of the course's instructional objectives.</p> <p>I. Cognitive : Emphasis upon the study of various kinds of knowledge in the cognition of the course's veracity, conception, procedures, outcomes, etc.</p> <p>II.Affective : Emphasis upon the study of various kinds of knowledge in the course's appeal, morals, attitude, conviction, values, etc.</p> <p>III.Psychomotor: Emphasis upon the study of the course's physical activity and technical manipulation.</p>				
No.	Teaching Objectives			objective methods
1	I. Cognitive : Emphasis upon the study of various kinds of knowledge in the cognition of the course's veracity, conception, procedures, outcomes, etc.			Cognitive
2	Affective : Emphasis upon the study of various kinds of knowledge in the course's appeal, morals, attitude, conviction, values, etc.			Affective
3	Psychomotor: Emphasis upon the study of the course's physical activity and technical manipulation.			Psychomotor
The correspondences of teaching objectives : core competences, essential virtues, teaching methods, and assessment				
No.	Core Competences	Essential Virtues	Teaching Methods	Assessment
1		123	Lecture, Practicum	Testing, Activity Participation
2		456	Lecture, Practicum	Practicum, Activity Participation
3		678	Discussion, Practicum	Practicum, Activity Participation
Course Schedule				
Week	Date	Course Contents		Note

1	112/09/11 ~ 112/09/17	1. Course Introduction 2. Introduction to the sport of basketball	
2	112/09/18 ~ 112/09/24	Ball-handing/ball handling practice	
3	112/09/25 ~ 112/10/01	Basketball footwork drills (Mikan Drill 、 Jump Stop Drill 、 Defensive Slide Drill)(Water Safety Awareness)	
4	112/10/02 ~ 112/10/08	Dribble layup (Two-Ball Dribble Layups 、 Speed Layups 、 Defender Challenge Layups)	
5	112/10/09 ~ 112/10/15	Basic open water swimming pool safety (Accident prevention)	
6	112/10/16 ~ 112/10/22	Under swimming pool breathing technique practice	
7	112/10/23 ~ 112/10/29	Learn basic self-help skills and the correct concept of water safety	
8	112/10/30 ~ 112/11/05	Basic swimming skill test	
9	112/11/06 ~ 112/11/12	Midterm Exam Week	
10	112/11/13 ~ 112/11/19	1. Introduction to Overhand (高手) / dig (低手) passing 2. Overhand (高手) / dig (低手) passing practice	
11	112/11/20 ~ 112/11/26	1. Multiple people passing practice 2. Receive-pass or receive-set techniques	
12	112/11/27 ~ 112/12/03	1. Underarm serve practice (focus on the feelings of contact points and ways of application of force) [short distance: 6m] 2. Overhand serve practice (focus on the feelings of contact points and ways of application of force) [short distance: 6m]	
13	112/12/04 ~ 112/12/10	Orienteering Basics-(What orienteering is)	
14	112/12/11 ~ 112/12/17	Orienteering Basics-(Navigational skills using a map)	
15	112/12/18 ~ 112/12/24	Orienteering- O game 1(TKU)	
16	112/12/25 ~ 112/12/31	Orienteering- O game 2(TKU)	
17	113/01/01 ~ 113/01/07	Final Exam Week	
18	113/01/08 ~ 113/01/14	Make-up exam	
Key capabilities		self-directed learning Social Participation	

Interdisciplinary	
Distinctive teaching	
Course Content	General Courses
Requirement	
Textbooks and Teaching Materials	Self-made teaching materials:Textbooks, Handouts, Videos
References	
Grading Policy	<p>◆ Attendance : 60.0 % ◆ Mark of Usual : 20.0 % ◆ Midterm Exam : 10.0 %</p> <p>◆ Final Exam : 10.0 %</p> <p>◆ Other < > : %</p>
Note	<p>This syllabus may be uploaded at the website of Course Syllabus Management System at http://info.ais.tku.edu.tw/csp or through the link of Course Syllabus Upload posted on the home page of TKU Office of Academic Affairs at http://www.acad.tku.edu.tw/CS/main.php.</p> <p>※ Unauthorized photocopying is illegal. Using original textbooks is advised. It is a crime to improperly photocopy others' publications.</p>