

Tamkang University Academic Year 111, 2nd Semester Course Syllabus

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| Course Title | PHYSICAL EDUCATION-BADMINTON | Instructor | FU, SZU-KAI |
| Course Class | TGUPB1K PE BY INTEREST, 1K | Details | <ul style="list-style-type: none"> ◆ General Course ◆ Required ◆ One Semester |
| Relevance to SDGs | SDG3 Good health and well-being for people SDG4 Quality education SDG9 Industry, Innovation, and Infrastructure SDG17 Partnerships for the goals | | |
| Departmental Aim of Education | | | |
| I. Enhance physical adaptability. II. Establish correct sports concept. III. Enhance sport skills. IV. Experience fun in sports participation. | | | |
| Subject Schoolwide essential virtues | | | |
| 1. A global perspective. (ratio:5.00) 2. Information literacy. (ratio:5.00) 3. A vision for the future. (ratio:5.00) 4. Moral integrity. (ratio:20.00) 5. Independent thinking. (ratio:5.00) 6. A cheerful attitude and healthy lifestyle. (ratio:30.00) 7. A spirit of teamwork and dedication. (ratio:25.00) 8. A sense of aesthetic appreciation. (ratio:5.00) | | | |

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| Course Introduction | This course is based on basic anatomy, human physiology, and kinesiology to carry out practical teaching of badminton courses, including strength and conditioning training, dynamic warm-up, badminton skills training, fatigue recovery, and strategy to prevent sports injuries. |
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The correspondences between the course's instructional objectives and the cognitive, affective, and psychomotor objectives.

Differentiate the various objective methods among the cognitive, affective and psychomotor domains of the course's instructional objectives.

- I. Cognitive : Emphasis upon the study of various kinds of knowledge in the cognition of the course's veracity, conception, procedures, outcomes, etc.
- II. Affective : Emphasis upon the study of various kinds of knowledge in the course's appeal, morals, attitude, conviction, values, etc.
- III. Psychomotor: Emphasis upon the study of the course's physical activity and technical manipulation.

| No. | Teaching Objectives | objective methods |
|-----|---|-------------------|
| 1 | According to exercise science, to achieve the correct operation of badminton. | Psychomotor |

The correspondences of teaching objectives : core competences, essential virtues, teaching methods, and assessment

| No. | Core Competences | Essential Virtues | Teaching Methods | Assessment |
|-----|------------------|-------------------|---|--|
| 1 | | 12345678 | Lecture, Practicum, Experience, Imitation | Testing, Practicum, Activity Participation |

Course Schedule

| Week | Date | Course Contents | Note |
|------|--------------------------|--|------|
| 1 | 112/02/13 ~ 112/02/19 | introduction | |
| 2 | 112/02/20 ~ 112/02/26 | Dynamic warm-up | |
| 3 | 112/02/27 ~ 112/03/05 | The strategy of prevention of badminton injuries | |
| 4 | 112/03/06 ~ 112/03/12 | Service | |
| 5 | 112/03/13 ~ 112/03/19 | Service | |
| 6 | 112/03/20 ~ 112/03/26 | Push shot | |

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|----------------------------------|--|-------------------|--|
| 7 | 112/03/27 ~ 112/04/02 | Push shot | |
| 8 | 112/04/03 ~ 112/04/09 | Smash | |
| 9 | 112/04/10 ~ 112/04/16 | Smash | |
| 10 | 112/04/17 ~ 112/04/23 | Midterm Exam Week | |
| 11 | 112/04/24 ~ 112/04/30 | Drop | |
| 12 | 112/05/01 ~ 112/05/07 | Drop | |
| 13 | 112/05/08 ~ 112/05/14 | Net play | |
| 14 | 112/05/15 ~ 112/05/21 | Net play | |
| 15 | 112/05/22 ~ 112/05/28 | Backcourt play | |
| 16 | 112/05/29 ~ 112/06/04 | Backcourt play | |
| 17 | 112/06/05 ~ 112/06/11 | Competition | |
| 18 | 112/06/12 ~ 112/06/18 | Final Exam Week | |
| Requirement | Wear appropriate sports suits and shoes to reduce the incidence of sports injuries. | | |
| Teaching Facility | Other (Badminton, corns) | | |
| Textbooks and Teaching Materials | High Performance Badminton, ISBN13: 9781847979292, Publisher: The Crowood Press Ltd, Publication date: 01 Nov 2016 | | |
| References | | | |
| Number of Assignment(s) | (Filled in by assignment instructor only) | | |
| Grading Policy | ◆ Attendance : 50.0 % ◆ Mark of Usual : 30.0 % ◆ Midterm Exam : % ◆ Final Exam : 20.0 % ◆ Other () : % | | |
| Note | This syllabus may be uploaded at the website of Course Syllabus Management System at http://info.ais.tku.edu.tw/csp or through the link of Course Syllabus Upload posted on the home page of TKU Office of Academic Affairs at http://www.acad.tku.edu.tw/CS/main.php . ※ Unauthorized photocopying is illegal. Using original textbooks is advised. It is a crime to improperly photocopy others' publications. | | |