

Tamkang University Academic Year 111, 2nd Semester Course Syllabus

Course Title	P.E. - PRACTICES OF WATER RECREATION ACTIVITY	Instructor	CHEN, WEN-HER
Course Class	TGUPB2A PE BY INTEREST, 2A	Details	◆ General Course ◆ Required ◆ 2nd Semester
Relevance to SDGs	SDG3 Good health and well-being for people SDG4 Quality education SDG14 Life below water		
D e p a r t m e n t a l A i m o f E d u c a t i o n			
I . Enhance physical adaptability. II . Establish correct sports concept. III . Enhance sport skills. IV . Experience fun in sports participation.			
Subject Schoolwide essential virtues			
1. A global perspective. (ratio:5.00) 2. Information literacy. (ratio:5.00) 3. A vision for the future. (ratio:5.00) 4. Moral integrity. (ratio:20.00) 5. Independent thinking. (ratio:5.00) 6. A cheerful attitude and healthy lifestyle. (ratio:30.00) 7. A spirit of teamwork and dedication. (ratio:25.00) 8. A sense of aesthetic appreciation. (ratio:5.00)			

Course Introduction	Courses include Canoeing, SUP, the progress with the seasons can be engaged in activities to develop students ability to learn water sports, and certified by the relevant associations, counseling students to obtain related certificates.
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The correspondences between the course's instructional objectives and the cognitive, affective, and psychomotor objectives.

Differentiate the various objective methods among the cognitive, affective and psychomotor domains of the course's instructional objectives.

- I. Cognitive : Emphasis upon the study of various kinds of knowledge in the cognition of the course's veracity, conception, procedures, outcomes, etc.
- II.Affective : Emphasis upon the study of various kinds of knowledge in the course's appeal, morals, attitude, conviction, values, etc.
- III.Psychomotor: Emphasis upon the study of the course's physical activity and technical manipulation.

No.	Teaching Objectives	objective methods
1	Learn basic self-help skills and the correct concept of water safety.	Cognitive
2	Understanding of water sport in Taiwan Development Status	Cognitive
3	Learn of water sports of correct knowledge and basic skills	Psychomotor
4	counseling students to obtain related certificates	Affective

The correspondences of teaching objectives : core competences, essential virtues, teaching methods, and assessment

No.	Core Competences	Essential Virtues	Teaching Methods	Assessment
1		12345678	Lecture, Practicum	Testing, Study Assignments, Discussion(including classroom and online), Practicum, Activity Participation
2		12345678	Lecture, Discussion, Publication	Testing, Study Assignments, Discussion(including classroom and online), Practicum, Activity Participation

3		12345678	Discussion, Practicum, Imitation	Testing, Study Assignments, Discussion(including classroom and online), Activity Participation
4		12345678	Discussion, Practicum, Experience, Imitation	Testing, Discussion(including classroom and online), Practicum, Activity Participation

Course Schedule

Week	Date	Course Contents	Note
1	112/02/13 ~ 112/02/19	Introductory week	Swimming pool
2	112/02/20 ~ 112/02/26	Introduction of water recreation activities and basic abilities	Swimming pool
3	112/02/27 ~ 112/03/05	Basic swimming abilities and water safety	Swimming pool
4	112/03/06 ~ 112/03/12	Canoeing basic theory and the operation	Swimming pool
5	112/03/13 ~ 112/03/19	Canoeing basic theory and the operation	Swimming pool
6	112/03/20 ~ 112/03/26	SUP basic theory and the operation	Swimming pool
7	112/03/27 ~ 112/04/02	SUP basic theory and the operation	Swimming pool
8	112/04/03 ~ 112/04/09	Spring Break	
9	112/04/10 ~ 112/04/16	Self-rescuing, Canoeing, SUP intergrated technique of rehearsal	Details for course
10	112/04/17 ~ 112/04/23	Midterm Exam Week	
11	112/04/24 ~ 112/04/30	Canoeing outdoors activities	Details for course
12	112/05/01 ~ 112/05/07	Canoeing outdoors activities	Details for course
13	112/05/08 ~ 112/05/14	Canoeing outdoors activities	Details for course
14	112/05/15 ~ 112/05/21	Canoeing outdoors activities	Details for course
15	112/05/22 ~ 112/05/28	SUP outdoors activities	Details for course
16	112/05/29 ~ 112/06/04	SUP outdoors activities	Details for course
17	112/06/05 ~ 112/06/11	SUP outdoors activities	Details for course
18	112/06/12 ~ 112/06/18	Final Exam Week	

Requirement	<p>"1.The course is holding at the open water area, and students should have the swimming abilities: self-rescuing, back float, treading water and breaststroke. If you cannot swim 200m in breaststroke, please do not selected this course.</p> <p>2.Owing to the limitation of space and place, the water activities will be hold at outdoors locations on weekends, the schedule and location may be changed depend on the weather and situation. The professor will announce it in class. If you cannot cooperate with above requirement, please do not select this course.</p> <p>3.Students needs to pay the additional fee for water recreation activities.</p> <p>4.The purpose is to help students obtain relevant water sports licenses. If students are interest in certifying the waters licenses, students need to pay additional testing and license fees. The examination will be certified by the relevant associations. If there is no interest in referring to the test, students still can get the credits if you pass the examinations of mid-term and final.</p> <p>5. Students must obtain a swimming ticket or purchase a single roll before entering the pool."</p>
Teaching Facility	Other (SUP)
Textbooks and Teaching Materials	
References	
Number of Assignment(s)	8 (Filled in by assignment instructor only)
Grading Policy	<p>◆ Attendance : % ◆ Mark of Usual : 60.0 % ◆ Midterm Exam : 40.0 %</p> <p>◆ Final Exam : %</p> <p>◆ Other < > : %</p>
Note	<p>This syllabus may be uploaded at the website of Course Syllabus Management System at http://info.ais.tku.edu.tw/csp or through the link of Course Syllabus Upload posted on the home page of TKU Office of Academic Affairs at http://www.acad.tku.edu.tw/CS/main.php .</p> <p>※ Unauthorized photocopying is illegal. Using original textbooks is advised. It is a crime to improperly photocopy others' publications.</p>