

## Tamkang University Academic Year 111, 1st Semester Course Syllabus

Course Title	MALE AND FEMALE PHYSICAL EDUCATION	Instructor	
Course Class	TRBXB1A DEPARTMENT OF INTERNATIONAL TOURISM MANAGEMENT (ENGLISH-TAUGHT PROGRAM), 1A	Details	<ul style="list-style-type: none"> <li>◆ General Course</li> <li>◆ Required</li> <li>◆ One Semester</li> </ul>
Relevance to SDGs	SDG3 Good health and well-being for people		
<b>Departmental Aim of Education</b>			
<ul style="list-style-type: none"> <li>I. Enhance physical adaptability.</li> <li>II. Establish correct sports concept.</li> <li>III. Enhance sport skills.</li> <li>IV. Experience fun in sports participation.</li> </ul>			
<b>Subject Schoolwide essential virtues</b>			
<ul style="list-style-type: none"> <li>1. A global perspective. (ratio:5.00)</li> <li>2. Information literacy. (ratio:5.00)</li> <li>3. A vision for the future. (ratio:5.00)</li> <li>4. Moral integrity. (ratio:20.00)</li> <li>5. Independent thinking. (ratio:5.00)</li> <li>6. A cheerful attitude and healthy lifestyle. (ratio:30.00)</li> <li>7. A spirit of teamwork and dedication. (ratio:25.00)</li> <li>8. A sense of aesthetic appreciation. (ratio:5.00)</li> </ul>			

Course Introduction	The purposes of the course are to let students understand the concepts of the health, physical, fitness and movement security. Through the classes of physical, fitness, movement security, and water activities arrangements, they help students understand the present situation of individual physical fitness; assess the movement environment potential risks; promote the methods of physical fitness.
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**The correspondences between the course's instructional objectives and the cognitive, affective, and psychomotor objectives.**

Differentiate the various objective methods among the cognitive, affective and psychomotor domains of the course's instructional objectives.

- I. Cognitive : Emphasis upon the study of various kinds of knowledge in the cognition of the course's veracity, conception, procedures, outcomes, etc.
- II. Affective : Emphasis upon the study of various kinds of knowledge in the course's appeal, morals, attitude, conviction, values, etc.
- III. Psychomotor: Emphasis upon the study of the course's physical activity and technical manipulation.

No.	Teaching Objectives	objective methods
1	1. Understanding the sports environment and facility, and aware of the potential risk in environment. 2. Promote physical function and promote the physical and mental health. 3. Promote personal swimming skills. 4. Enjoy aquatics sports and develop lifelong habits. 5. Aware of the risk in water sports, and understand to apply the accidents of aquatics sports. 6. To interact with people by physical activity.	Cognitive

The correspondences of teaching objectives : core competences, essential virtues, teaching methods, and assessment

No.	Core Competences	Essential Virtues	Teaching Methods	Assessment
1		12345678	Lecture, Experience, Imitation	Testing, Activity Participation

**Course Schedule**

Week	Date	Course Contents	Note
1	111/09/05 ~ 111/09/11	Basketball introduction and rules. Basketball ball sense feel, passing and receiving Integration practice.	

2	111/09/12 ~ 111/09/18	Basketball dribble and pace integration practice. Basketball shooting and dribbling layup practice.	
3	111/09/19 ~ 111/09/25	Basketball team offense and defense introduction. Basketball half court three-on-three group match.	
4	111/09/26 ~ 111/10/02	Basketball full-court five-on-five group match. Basketball skill competition.	
5	111/10/03 ~ 111/10/09	Soccer introduction and rules. Soccer ball sense feel, passing and receiving Integration practice.	
6	111/10/10 ~ 111/10/16	Soccer throw-in and ball control integration practice. Soccer shooting practice and goalkeeper introduction.	
7	111/10/17 ~ 111/10/23	Soccer team offense and defense introduction. Soccer half-field 8-a-side group match.	
8	111/10/24 ~ 111/10/30	Soccer full-field 11-a-side group match. Soccer skill competition.	
9	111/10/31 ~ 111/11/06	Volleyball introduction and rules. Volleyball ball sense feel, underarm serve, pass and catch integration practice.	
10	111/11/07 ~ 111/11/13	Midterm Exam Week	
11	111/11/14 ~ 111/11/20	Volleyball overhandr serve, lift, pass and catch integration practice. Volleyball smash integration practice.	
12	111/11/21 ~ 111/11/27	Volleyball team offense and defense introduction. Volleyball group match.	
13	111/11/28 ~ 111/12/04	Volleyball group match. Volleyball skill competition.	
14	111/12/05 ~ 111/12/11	Safety concept and risk assessment of water activities. Basic swimming ability test, familiar with water and water games.	
15	111/12/12 ~ 111/12/18	Freestyle and breaststroke swimming integration practice. Lifesaving concepts and skills, self rescue in water.	
16	111/12/19 ~ 111/12/25	Freestyle and breaststroke swimming integration practice. Lifesaving concepts and skills, self rescue in water.	
17	111/12/26 ~ 112/01/01	Basic swimming ability test. Water self-rescue ability test.	
18	112/01/02 ~ 112/01/08	Final Exam Week	

Requirement	
Teaching Facility	(None)
Textbooks and Teaching Materials	
References	
Number of Assignment(s)	(Filled in by assignment instructor only)
Grading Policy	<p>◆ Attendance : 20.0 %   ◆ Mark of Usual : 60.0 %   ◆ Midterm Exam :   %</p> <p>◆ Final Exam : 20.0 %</p> <p>◆ Other &lt; &gt; :   %</p>
Note	<p>This syllabus may be uploaded at the website of Course Syllabus Management System at <a href="http://info.ais.tku.edu.tw/csp">http://info.ais.tku.edu.tw/csp</a> or through the link of Course Syllabus Upload posted on the home page of TKU Office of Academic Affairs at <a href="http://www.acad.tku.edu.tw/CS/main.php">http://www.acad.tku.edu.tw/CS/main.php</a> .</p> <p><b>※ Unauthorized photocopying is illegal. Using original textbooks is advised. It is a crime to improperly photocopy others' publications.</b></p>