

## Tamkang University Academic Year 110, 2nd Semester Course Syllabus

Course Title	P.E. - ADAPTED PHYSICAL EDUCATION	Instructor	(多位教師合開) WANG FONG-JIA
Course Class	TGUPB2A PE BY INTEREST, 2A	Details	<ul style="list-style-type: none"> <li>◆ General Course</li> <li>◆ Required</li> <li>◆ 2nd Semester</li> </ul>
Relevance to SDGs	SDG3 Good health and well-being for people SDG4 Quality education SDG17 Partnerships for the goals		
<b>Departmental Aim of Education</b>			
I. Enhance physical adaptability. II. Establish correct sports concept. III. Enhance sport skills. IV. Experience fun in sports participation.			
<b>Subject Schoolwide essential virtues</b>			
4. Moral integrity. (ratio:20.00) 6. A cheerful attitude and healthy lifestyle. (ratio:60.00) 7. A spirit of teamwork and dedication. (ratio:20.00)			
<b>Course Introduction</b>	The aim of the course is to help students improve physical fitness and cultivate a right attitude of interpersonal relationship. Through the PE class, students will learn to develop an accurate and secure sports concept, enhance physical condition and develop a lifelong regular exercise habit.		

**The correspondences between the course's instructional objectives and the cognitive, affective, and psychomotor objectives.**

Differentiate the various objective methods among the cognitive, affective and psychomotor domains of the course's instructional objectives.

I. Cognitive : Emphasis upon the study of various kinds of knowledge in the cognition of the course's veracity, conception, procedures, outcomes, etc.

II. Affective : Emphasis upon the study of various kinds of knowledge in the course's appeal, morals, attitude, conviction, values, etc.

III. Psychomotor: Emphasis upon the study of the course's physical activity and technical manipulation.

No.	Teaching Objectives	objective methods
1	1. Build the spirits of sports, take lessons in professional sport skills, and learn the techniques of first aid of sports injuries.	Cognitive
2	2. Strengthen bodies and build capacities of self-caring.	Psychomotor
3	3. Admire the performances of sports, cultivate habits of regular exercises, and build the spirit of teamwork.	Cognitive

The correspondences of teaching objectives : core competences, essential virtues, teaching methods, and assessment

No.	Core Competences	Essential Virtues	Teaching Methods	Assessment
1		47	Practicum, Imitation	Practicum, Activity Participation
2		67	Practicum, Imitation	Practicum, Activity Participation
3		67	Practicum, Imitation	Practicum, Activity Participation

**Course Schedule**

Week	Date	Course Contents	Note
1	111/02/21 ~ 111/02/25	1) 1. General introduction and court setting. 2) Stretching Workout(I)	
2	111/02/28 ~ 111/03/04	Individual & Team Activities	
3	111/03/07 ~ 111/03/11	Throwing & Rolling Activities	
4	111/03/14 ~ 111/03/18	Fine & Gross Motor Activities(I)	
5	111/03/21 ~ 111/03/25	Fine & Gross Motor Activities(II)	
6	111/03/28 ~ 111/04/01	Strength Training	
7	111/04/04 ~ 111/04/08	No class	

8	111/04/11 ~ 111/04/15	XVI Paralympic Games- (forum or workshop)	
9	111/04/18 ~ 111/04/22	Cardio Workout	
10	111/04/25 ~ 111/04/29	Midterm Exam Week	
11	111/05/02 ~ 111/05/06	Petanque game	
12	111/05/09 ~ 111/05/13	Self-defense Training	
13	111/05/16 ~ 111/05/20	Self-defense Training- Upper Extremity	
14	111/05/23 ~ 111/05/27	Self-defense Training- Lower Extremity	
15	111/05/30 ~ 111/06/03	Sport injury and Athletic - (forum or workshop)	
16	111/06/06 ~ 111/06/10	Self-defense Training-Combination Skills	
17	111/06/13 ~ 111/06/17	Self-defense Training-Combination Skills	
18	111/06/20 ~ 111/06/24	Final Exam Week	
Requirement	<p>1. Please wear proper(sporty, active, flexible) outfits and shoes while taking the class.  2. For applying day-offs, please follow the instructions of school protocols.  (1) Students with 6 times of absences will be disqualified from taking tests.  (2) Students with a total hours of absence up to 1/3 of the total hours of curriculum will be given a final score of 0.</p>		
Teaching Facility	(None)		
Textbooks and Teaching Materials			
References			
Number of Assignment(s)	(Filled in by assignment instructor only)		
Grading Policy	◆ Attendance : 75.0 %   ◆ Mark of Usual : 10.0 %   ◆ Midterm Exam : % ◆ Final Exam : % ◆ Other (Oral presentation) : 15.0 %		
Note	<p>This syllabus may be uploaded at the website of Course Syllabus Management System at <a href="http://info.ais.tku.edu.tw/csp">http://info.ais.tku.edu.tw/csp</a> or through the link of Course Syllabus Upload posted on the home page of TKU Office of Academic Affairs at <a href="http://www.acad.tku.edu.tw/CS/main.php">http://www.acad.tku.edu.tw/CS/main.php</a> .</p> <p><b>※ Unauthorized photocopying is illegal. Using original textbooks is advised. It is a crime to improperly photocopy others' publications.</b></p>		