

Tamkang University Academic Year 110, 2nd Semester Course Syllabus

Course Title	PHYSICAL EDUCATION-VOLLEYBALL	Instructor	WANG FONG-JIA
Course Class	TGUPB1A PE BY INTEREST, 1A	Details	◆ General Course ◆ Required ◆ One Semester
Relevance to SDGs	SDG3 Good health and well-being for people SDG4 Quality education		
D e p a r t m e n t a l A i m o f E d u c a t i o n			
I . Enhance physical adaptability. II . Establish correct sports concept. III . Enhance sport skills. IV . Experience fun in sports participation.			
Subject Schoolwide essential virtues			
4. Moral integrity. (ratio:20.00) 6. A cheerful attitude and healthy lifestyle. (ratio:60.00) 7. A spirit of teamwork and dedication. (ratio:20.00)			
Course Introduction	The purpose of course was to discusses the characteristics of volleyball, included history, terminologies, equipments, skills, playing surface, team compositions: format, officials and their functions, signals and rules of the game. Overall, this course will develop ability of sports appreciation ,exercising habit ,and sportsmanship.		

The correspondences between the course's instructional objectives and the cognitive, affective, and psychomotor objectives.

Differentiate the various objective methods among the cognitive, affective and psychomotor domains of the course's instructional objectives.

I. Cognitive : Emphasis upon the study of various kinds of knowledge in the cognition of the course's veracity, conception, procedures, outcomes, etc.

II.Affective : Emphasis upon the study of various kinds of knowledge in the course's appeal, morals, attitude, conviction, values, etc.

III.Psychomotor: Emphasis upon the study of the course's physical activity and technical manipulation.

No.	Teaching Objectives	objective methods
1	The purpose of course was to this course will develop ability of sports appreciation ,exercising habit ,and sportsmanship.	Psychomotor
2	Understand the history and developments of volleyball.	Cognitive
3	Demonstrate proficiency in basic technical, alliance technical and competition capacity of volleyball.	Psychomotor
4	Understand the rules and strategies of volleyball.	Cognitive
5	Display a high level of sportsmanship and game etiquette.	Cognitive

The correspondences of teaching objectives : core competences, essential virtues, teaching methods, and assessment

No.	Core Competences	Essential Virtues	Teaching Methods	Assessment
1		467	Lecture, Discussion, Imitation	Testing, Discussion(including classroom and online), Activity Participation
2		467	Experience	Activity Participation
3		467	Discussion	Testing, Activity Participation
4		467	Lecture, Discussion	Activity Participation
5		467	Lecture, Practicum, Experience	Testing, Discussion(including classroom and online), Activity Participation

Course Schedule

Week	Date	Course Contents	Note
1	111/02/21 ~ 111/02/25	1. Course Introduction 2. Introduction to the sport of Volleyball 3. Ball-handing/ball handling practice	
2	111/02/28 ~ 111/03/04	1. Introduction to Overhand (高手) / dig (低手) passing 2. Overhand (高手) / dig (低手) passing practice	

3	111/03/07 ~ 111/03/11	1. Introduction to Overhand (高手) / dig (低手) passing 2. Overhand (高手) / dig (低手) passing practice	
4	111/03/14 ~ 111/03/18	1. Multiple people passing practice 2. Receive-pass or receive-set techniques	
5	111/03/21 ~ 111/03/25	1. Review for Overhand (高手) / dig (低手) passing drills 2. Passing, setting and receiving practice 3. Overhand (高手) / dig (低手) passing and receiving practice in groups	
6	111/03/28 ~ 111/04/01	1. Underarm serve practice (focus on the feelings of contact points and ways of application of force) [short distance: 6m] 2. Overhand serve practice (focus on the feelings of contact points and ways of application of force) [short distance: 6m]	
7	111/04/04 ~ 111/04/08	1. Overhand serve practice (focus on the feelings of contact points and ways of application of force) [short distance: 6m] 2. Practice in groups	
8	111/04/11 ~ 111/04/15	1. Review: Overhand (高手) / dig (低手) passing – short-distance fixed position in group 2. Overhand (高手) / dig (低手) serving – short distance 6m	
9	111/04/18 ~ 111/04/22	1. Test: serve – receive – pass(set) compounds	
10	111/04/25 ~ 111/04/29	Midterm Exam Week	
11	111/05/02 ~ 111/05/06	1. Review: mid-distance overhand and dig serve practice 2. Introduction to smash/spike in Volleyball	
12	111/05/09 ~ 111/05/13	1. Fixed-position straight-arm attack and contact point practice 2. Receive and pass(set) then running jump spike practice	
13	111/05/16 ~ 111/05/20	1. Introduction to blocking movements of Volleyball 2. Serve-receive-pass(set)-blocking practice in groups	
14	111/05/23 ~ 111/05/27	1. Review: long-distance Overhand (高手) / dig (低手) passing [9m up] 2. Serve-receive-pass(set)-blocking practice in groups	
15	111/05/30 ~ 111/06/03	1. Introduction to defensive statics of volleyball 2. Competitions in groups	
16	111/06/06 ~ 111/06/10	1. Introduction to offensive statics of volleyball 2. competitions in groups	
17	111/06/13 ~ 111/06/17	1. Tests 2. Reports hand-in	

18	111/06/20 ~ 111/06/24	Final Exam Week	
Requirement	1. Please wear proper(sporty, active, flexible) outfits and shoes while taking the class. 2. For applying day-offs, please follow the instructions of school protocols. (1) Students with 6 times of absences will be disqualified from taking tests. (2) Students with a total hours of absence up to 1/3 of the total hours of curriculum will be given a final score of 0.		
Teaching Facility	(None)		
Textbooks and Teaching Materials			
References			
Number of Assignment(s)	(Filled in by assignment instructor only)		
Grading Policy	◆ Attendance : 60.0 % ◆ Mark of Usual : 20.0 % ◆ Midterm Exam : 10.0 % ◆ Final Exam : 10.0 % ◆ Other < > : %		
Note	This syllabus may be uploaded at the website of Course Syllabus Management System at http://info.ais.tku.edu.tw/csp or through the link of Course Syllabus Upload posted on the home page of TKU Office of Academic Affairs at http://www.acad.tku.edu.tw/CS/main.php . ※ Unauthorized photocopying is illegal. Using original textbooks is advised. It is a crime to improperly photocopy others' publications.		