

## Tamkang University Academic Year 110, 1st Semester Course Syllabus

Course Title	MALE AND FEMALE PHYSICAL EDUCATION	Instructor	HUANG YI-HENG
Course Class	TRBXB1A DEPARTMENT OF INTERNATIONAL TOURISM MANAGEMENT (ENGLISH-TAUGHT PROGRAM), 1A	Details	<ul style="list-style-type: none"> <li>◆ General Course</li> <li>◆ Required</li> <li>◆ One Semester</li> </ul>
Relevance to SDGs	SDG3 Good health and well-being for people		
Departmental Aim of Education			
<ul style="list-style-type: none"> <li>I. Enhance physical adaptability.</li> <li>II. Establish correct sports concept.</li> <li>III. Enhance sport skills.</li> <li>IV. Experience fun in sports participation.</li> </ul>			
Subject Schoolwide essential virtues			
<ul style="list-style-type: none"> <li>4. Moral integrity. (ratio:20.00)</li> <li>6. A cheerful attitude and healthy lifestyle. (ratio:60.00)</li> <li>7. A spirit of teamwork and dedication. (ratio:20.00)</li> </ul>			
Course Introduction	<p>The purposes of the course are to let students understand the concepts of the health physical fitness and movement security. Through the classes of physical fitness, movement security, and water activities arrangements, they help students understand the present situation of individual physical fitness; assess the movement environment potential risks; promote the methods of physical fitness.</p>		

**The correspondences between the course's instructional objectives and the cognitive, affective, and psychomotor objectives.**

Differentiate the various objective methods among the cognitive, affective and psychomotor domains of the course's instructional objectives.

I. Cognitive : Emphasis upon the study of various kinds of knowledge in the cognition of the course's veracity, conception, procedures, outcomes, etc.

II. Affective : Emphasis upon the study of various kinds of knowledge in the course's appeal, morals, attitude, conviction, values, etc.

III. Psychomotor: Emphasis upon the study of the course's physical activity and technical manipulation.

No.	Teaching Objectives	objective methods
1	1. Understanding the sports environment and facility, and aware of the potential risk in environment.	Cognitive
2	2. Promote physical function and promote the physical and mental health.	Psychomotor
3	3. Promote personal swimming skills.	Psychomotor
4	4. Enjoy aquatics sports and develop lifelong habits.	Psychomotor
5	5. To interact with people by physical activity.	Affective
6	6. Improve personal badminton and volleyball skills.	Psychomotor

The correspondences of teaching objectives : core competences, essential virtues, teaching methods, and assessment

No.	Core Competences	Essential Virtues	Teaching Methods	Assessment
1		6	Lecture	Activity Participation
2		6	Experience	Testing, Activity Participation
3		6	Lecture, Experience	Testing, Activity Participation
4		6	Lecture, Experience	Activity Participation
5		467	Lecture, Discussion, Experience	Activity Participation
6		6	Lecture, Experience	Activity Participation

**Course Schedule**

Week	Date	Course Contents	Note
1	110/09/22 ~ 110/09/28	1. Introduction to the course syllabus 2. Experience badminton games and grouping	Wearing sports clothing
2	110/09/29 ~ 110/10/05	1. Basic Badminton Skills - Service	
3	110/10/06 ~ 110/10/12	1. Basic Badminton Skills - Flat Shot	

4	110/10/13 ~ 110/10/19	1. Basic Badminton Skills - Clear	
5	110/10/20 ~ 110/10/26	1. Basic Badminton Skills - Short	
6	110/10/27 ~ 110/11/02	1. Badminton Skill Test - Service	
7	110/11/03 ~ 110/11/09	1. Badminton - Team Competition	
8	110/11/10 ~ 110/11/16	1. Badminton - Team Competition	
9	110/11/17 ~ 110/11/23	Midterm Exam Week	
10	110/11/24 ~ 110/11/30	1. Water activities safety concept and risk assessment. 2 Swimming - Front Crawl Stroke- Leg Movement	
11	110/12/01 ~ 110/12/07	1. The concept and skills of self-rescue in water 2. Swimming - Front Crawl Stroke - Arm Movement	
12	110/12/08 ~ 110/12/14	1. Swimming - Front Crawl Stroke - Breathing	
13	110/12/15 ~ 110/12/21	1. Swimming Skills Test	
14	110/12/22 ~ 110/12/28	1. Basic Volleyball Skills -Forearm and Overhand Passing	
15	110/12/29 ~ 111/01/04	1. Volleyball Skill Test	
16	111/01/05 ~ 111/01/11	1. Basic Volleyball Skills - Service	
17	111/01/12 ~ 111/01/18	Final Exam Week	
18	111/01/19 ~ 111/01/25		
Requirement	1. Sportswear and clean sneakers are required during the course. 2. Please wear swimwear, goggles and swimming cap for swimming session. 3. Your participation in the swimming session will affect on your grade. 4. Please apply for leave in accordance with school regulations. 5. Those who are absent from class up to one-third will not be passed.		
Teaching Facility	(None)		
Textbooks and Teaching Materials			
References			
Number of Assignment(s)	(Filled in by assignment instructor only)		
Grading Policy	◆ Attendance : 30.0 %    ◆ Mark of Usual : 30.0 %    ◆ Midterm Exam : 25.0 % ◆ Final Exam : 15.0 % ◆ Other < > : %		

Note	<p>This syllabus may be uploaded at the website of Course Syllabus Management System at <a href="http://info.ais.tku.edu.tw/csp">http://info.ais.tku.edu.tw/csp</a> or through the link of Course Syllabus Upload posted on the home page of TKU Office of Academic Affairs at <a href="http://www.acad.tku.edu.tw/CS/main.php">http://www.acad.tku.edu.tw/CS/main.php</a> .</p> <p>※ <b>Unauthorized photocopying is illegal. Using original textbooks is advised. It is a crime to improperly photocopy others' publications.</b></p>
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