

## Tamkang University Academic Year 110, 1st Semester Course Syllabus

Course Title	MALE AND FEMALE PHYSICAL EDUCATION	Instructor	HSIANG, LIU
Course Class	TLFBB1B DIVISION OF GLOBAL COMMERCE, DEPARTMENT OF INTERNATIONAL BUSINESS (ENGLISH-TAUGHT PROGRAM), 1B	Details	<ul style="list-style-type: none"> <li>◆ General Course</li> <li>◆ Required</li> <li>◆ One Semester</li> </ul>
Relevance to SDGs	SDG3 Good health and well-being for people		
<b>Departmental Aim of Education</b>			
<ul style="list-style-type: none"> <li>I. Enhance physical adaptability.</li> <li>II. Establish correct sports concept.</li> <li>III. Enhance sport skills.</li> <li>IV. Experience fun in sports participation.</li> </ul>			
<b>Subject Schoolwide essential virtues</b>			
<ul style="list-style-type: none"> <li>4. Moral integrity. (ratio:20.00)</li> <li>6. A cheerful attitude and healthy lifestyle. (ratio:60.00)</li> <li>7. A spirit of teamwork and dedication. (ratio:20.00)</li> </ul>			
Course Introduction	<p>The purposes of the course are to let students understand the concepts of the health physical fitness and movement security. Through the classes of physical fitness, movement security, and water activities arrangements, they help students understand the present situation of individual physical fitness; assess the movement environment potential risks; promote the methods of physical fitness.</p>		

**The correspondences between the course's instructional objectives and the cognitive, affective, and psychomotor objectives.**

Differentiate the various objective methods among the cognitive, affective and psychomotor domains of the course's instructional objectives.

I. Cognitive : Emphasis upon the study of various kinds of knowledge in the cognition of the course's veracity, conception, procedures, outcomes, etc.

II. Affective : Emphasis upon the study of various kinds of knowledge in the course's appeal, morals, attitude, conviction, values, etc.

III. Psychomotor: Emphasis upon the study of the course's physical activity and technical manipulation.

No.	Teaching Objectives	objective methods
1	1. Understanding the sports environment and facility, and aware of the potential risk in environment.	Cognitive
2	2. Promote physical function and promote the physical and mental health.	Cognitive
3	3. Promote personal swimming skills.	Psychomotor
4	4. Enjoy aquatics sports and develop lifelong habits.	Psychomotor
5	5. Aware of the risk in water sports, and understand to apply the accidents of aquatics sports.	Cognitive
6	6. To interact with people by physical activity.	Affective

The correspondences of teaching objectives : core competences, essential virtues, teaching methods, and assessment

No.	Core Competences	Essential Virtues	Teaching Methods	Assessment
1		6	Lecture, Discussion	Discussion (including classroom and online)
2		6	Lecture, Discussion, Imitation	Report (including oral and written), Activity Participation
3		6	Imitation	Testing, Activity Participation
4		6	Lecture	Activity Participation
5		6	Lecture, Discussion	Discussion (including classroom and online)
6		47	Lecture, Discussion	Discussion (including classroom and online), Activity Participation

**Course Schedule**

Week	Date	Course Contents	Note
1	110/09/22 ~ 110/09/28	1. Course description 2. Badminton - Gripping and basic movements	

2	110/09/29 ~ 110/10/05	Badminton - Service forehand & back hand	
3	110/10/06 ~ 110/10/12	Badminton - Stokes features in badminton skills (1)	
4	110/10/13 ~ 110/10/19	Badminton - Stokes features in badminton skills (2)	
5	110/10/20 ~ 110/10/26	Badminton - Footwork on the court	
6	110/10/27 ~ 110/11/02	Badminton - Skill practice	
7	110/11/03 ~ 110/11/09	Badminton - Skill test	
8	110/11/10 ~ 110/11/16	Badminton - Skill test	
9	110/11/17 ~ 110/11/23	Midterm Exam Week	
10	110/11/24 ~ 110/11/30	Basketball - Basic skills	
11	110/12/01 ~ 110/12/07	Basketball - Practical skill moves on court (1)	
12	110/12/08 ~ 110/12/14	Basketball - Practical skill moves on court (2)	
13	110/12/15 ~ 110/12/21	Safety of aquatic activities and self-rescue	
14	110/12/22 ~ 110/12/28	Safety of aquatic activities and self-rescue	
15	110/12/29 ~ 111/01/04	Swimming ability assessment	
16	111/01/05 ~ 111/01/11	Swimming ability assessment	
17	111/01/12 ~ 111/01/18	Final Exam Week	
18	111/01/19 ~ 111/01/25		
Requirement	<p>1. Please wear clothes and shoes suitable for sports during class</p> <p>2. Please apply for leave in accordance with school regulations:</p> <p>(1) Those who are absent from class for 6 periods are not allowed to take the exam.</p> <p>(2) When the total number of absentee hours reaches one-third of the teaching hours of the subject, the semester score will be calculated as zero.</p>		
Teaching Facility	(None)		
Textbooks and Teaching Materials			
References			

Number of Assignment(s)	(Filled in by assignment instructor only)
Grading Policy	<p>◆ Attendance : 40.0 %   ◆ Mark of Usual : 10.0 %   ◆ Midterm Exam : 25.0 %</p> <p>◆ Final Exam : 25.0 %</p> <p>◆ Other ( ) : %</p>
Note	<p>This syllabus may be uploaded at the website of Course Syllabus Management System at <a href="http://info.ais.tku.edu.tw/csp">http://info.ais.tku.edu.tw/csp</a> or through the link of Course Syllabus Upload posted on the home page of TKU Office of Academic Affairs at <a href="http://www.acad.tku.edu.tw/CS/main.php">http://www.acad.tku.edu.tw/CS/main.php</a>.</p> <p><b>※ Unauthorized photocopying is illegal. Using original textbooks is advised. It is a crime to improperly photocopy others' publications.</b></p>