

Tamkang University Academic Year 110, 1st Semester Course Syllabus

Course Title	MALE AND FEMALE PHYSICAL EDUCATION	Instructor	KO, MING-CHEN
Course Class	TLFBB1A DIVISION OF GLOBAL COMMERCE, DEPARTMENT OF INTERNATIONAL BUSINESS (ENGLISH-TAUGHT PROGRAM), 1A	Details	<ul style="list-style-type: none"> ◆ General Course ◆ Required ◆ One Semester
Relevance to SDGs	SDG3 Good health and well-being for people		
Departmental Aim of Education			
<ul style="list-style-type: none"> I. Enhance physical adaptability. II. Establish correct sports concept. III. Enhance sport skills. IV. Experience fun in sports participation. 			
Subject Schoolwide essential virtues			
<ul style="list-style-type: none"> 4. Moral integrity. (ratio:20.00) 6. A cheerful attitude and healthy lifestyle. (ratio:60.00) 7. A spirit of teamwork and dedication. (ratio:20.00) 			
Course Introduction	<p>The course introduces the basic skills of basketball, abdminton, and swimming. Help students to understand the basic rules of those sports during a competition. The final goal of the class is to improve students' physical fitness and have a better quality of life.</p>		

The correspondences between the course's instructional objectives and the cognitive, affective, and psychomotor objectives.

Differentiate the various objective methods among the cognitive, affective and psychomotor domains of the course's instructional objectives.

I. Cognitive : Emphasis upon the study of various kinds of knowledge in the cognition of the course's veracity, conception, procedures, outcomes, etc.

II. Affective : Emphasis upon the study of various kinds of knowledge in the course's appeal, morals, attitude, conviction, values, etc.

III. Psychomotor: Emphasis upon the study of the course's physical activity and technical manipulation.

No.	Teaching Objectives	objective methods
1	Experience fun in sports participation.	Cognitive

The correspondences of teaching objectives : core competences, essential virtues, teaching methods, and assessment

No.	Core Competences	Essential Virtues	Teaching Methods	Assessment
1		467	Lecture, Discussion	Activity Participation

Course Schedule

Week	Date	Course Contents	Note
1	110/09/22 ~ 110/09/28	Course instruction and basic basketball passing technique practice	
2	110/09/29 ~ 110/10/05	Review passing technique. Basic basketball ball handling technique practice.	
3	110/10/06 ~ 110/10/12	Free throw line shooting practice. Lay up practice	
4	110/10/13 ~ 110/10/19	3 on 3 team offensive tactical practice.	
5	110/10/20 ~ 110/10/26	Introduction of the rules and the correct grip position. Badminton practice..	
6	110/10/27 ~ 110/11/02	Foot work drills..	
7	110/11/03 ~ 110/11/09	Net shot drills..	
8	110/11/10 ~ 110/11/16	Serve and Rally. Backhand lift and forhand lift..	
9	110/11/17 ~ 110/11/23	Midterm Exam Week	
10	110/11/24 ~ 110/11/30	..	
11	110/12/01 ~ 110/12/07	Breathing techniques. Starting position..	
12	110/12/08 ~ 110/12/14	Freestyle kicking and hand paddling drills..	

13	110/12/15 ~ 110/12/21	combining kicking and hand paddling..	
14	110/12/22 ~ 110/12/28	breaststroke kicking drills.	
15	110/12/29 ~ 111/01/04	breaststroke stroke drills.	
16	111/01/05 ~ 111/01/11	combining kicking and stroke..	
17	111/01/12 ~ 111/01/18	backstroke drills.	
18	111/01/19 ~ 111/01/25	.	
Requirement	Please wear proper exercise attire to class. If you skip 6 classes, you will not pass the class. If you have to leave the class early or you can not show up for the class, please follow the school policy and go through all the required processes to get the permission from school and give the note to the class instructor.		
Teaching Facility	(None)		
Textbooks and Teaching Materials			
References			
Number of Assignment(s)	(Filled in by assignment instructor only)		
Grading Policy	◆ Attendance : 60.0 % ◆ Mark of Usual : % ◆ Midterm Exam : 20.0 % ◆ Final Exam : 20.0 % ◆ Other < > : %		
Note	This syllabus may be uploaded at the website of Course Syllabus Management System at http://info.ais.tku.edu.tw/csp or through the link of Course Syllabus Upload posted on the home page of TKU Office of Academic Affairs at http://www.acad.tku.edu.tw/CS/main.php . ※ Unauthorized photocopying is illegal. Using original textbooks is advised. It is a crime to improperly photocopy others' publications.		