

## Tamkang University Academic Year 109, 1st Semester Course Syllabus

Course Title	THE SELECTED READING OF HUMANISTIC AND EXISTENTIAL PSYCHOLOGY	Instructor	LIN YI-CHUN
Course Class	TDCXM1A MASTER'S PROGRAM, GRADUATE INSTITUTE OF EDUCATIONAL PSYCHOLOGY AND COUNSELING, 1A	Details	<ul style="list-style-type: none"> <li>◆ General Course</li> <li>◆ Selective</li> <li>◆ One Semester</li> </ul>
Departmental Aim of Education			
<ul style="list-style-type: none"> <li>I. To foster prospective practitioners with disciplines of Educational Psychology and Counseling Psychology.</li> <li>II. To train students with disciplines and research specialization.</li> <li>III. To nourish students' disciplines in interacting with settings of various levels of schools and other related agencies.</li> <li>IV. To enhance students' competitiveness via incorporating studies of Educational Psychology and Counseling Psychology.</li> <li>V. To integrate theory and practice in diversifying the horizons for students.</li> <li>VI. To well-prepare students with competence in their certifying by the public agencies.</li> </ul>			
Subject Departmental core competences			
<ul style="list-style-type: none"> <li>A. Well-equipped with disciplines of Educational Psychology and Counseling Psychology. (ratio:40.00)</li> <li>B. Competent for conducting research on the fields of Educational Psychology and Counseling Psychology.(ratio:30.00)</li> <li>C. Competent for acting as a specialist in Educational Psychology and Counseling Psychology. (ratio:30.00)</li> </ul>			
Subject Schoolwide essential virtues			
<ul style="list-style-type: none"> <li>1. A global perspective. (ratio:30.00)</li> <li>5. Independent thinking. (ratio:30.00)</li> <li>6. A cheerful attitude and healthy lifestyle. (ratio:40.00)</li> </ul>			

<b>Course Introduction</b>	In this class, important and inspiring work of major humanistic and existential approach in humanistic psychology theories will be studied, including the work of Victor Frankl' s theory, Abraham Maslow' s model of motivation and needs. In addition, students will have a chance to reflect on themselves of their own search for meaning in life and how to find a healthy psychological balance.
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**The correspondences between the course's instructional objectives and the cognitive, affective, and psychomotor objectives.**

Differentiate the various objective methods among the cognitive, affective and psychomotor domains of the course's instructional objectives.

- I. Cognitive : Emphasis upon the study of various kinds of knowledge in the cognition of the course's veracity, conception, procedures, outcomes, etc.
- II.Affective : Emphasis upon the study of various kinds of knowledge in the course's appeal, morals, attitude, conviction, values, etc.
- III.Psychomotor: Emphasis upon the study of the course's physical activity and technical manipulation.

No.	Teaching Objectives	objective methods
1	1.Students can interpret the philosophical assumptions of humanistic psychology and psychotherapy.	Cognitive
2	2.Students can interpret apply the theories and skills in humanistic psychology and psychotherapy in counseling practice.	Cognitive
3	3.Students can appreciate the wisdom of those great psychologist by reading their work and be inspired and encouraged.	Affective

**The correspondences of teaching objectives : core competences, essential virtues, teaching methods, and assessment**

No.	Core Competences	Essential Virtues	Teaching Methods	Assessment
1	ABC	156	Lecture, Discussion	Discussion(including classroom and online), Activity Participation, role play
2	ABC	156	Lecture, Discussion	Testing, Report(including oral and written)
3	ABC	156	Lecture, Discussion, Experience	Study Assignments, Discussion(including classroom and online), Report(including oral and written), self-reflection

Course Schedule			
Week	Date	Course Contents	Note
1	109/09/14 ~ 109/09/20	Introduction: The foundation and evolution of existential and humanistic psychology	
2	109/09/21 ~ 109/09/27	Experience in a concentration camp (V. Frankl)	
3	109/09/28 ~ 109/10/04	Guest speaker/ seminar	
4	109/10/05 ~ 109/10/11	Experience in a concentration camp (V. Frankl)	
5	109/10/12 ~ 109/10/18	Experience in a concentration camp (V. Frankl)	
6	109/10/19 ~ 109/10/25	Movie: Yalom' s cure (A documentary film of 21th century existential psychotherapist, researcher and author, sharing his perspective about human existence, love, happiness and the fear of death)	
7	109/10/26 ~ 109/11/01	Logo therapy in a nutshell (1) (Frankl,V)	
8	109/11/02 ~ 109/11/08	Logo therapy in a nutshell (2)	
9	109/11/09 ~ 109/11/15	The case of a tragic optimism (1)	
10	109/11/16 ~ 109/11/22	Midterm Exam Week	
11	109/11/23 ~ 109/11/29	The case of a tragic optimism (2)	
12	109/11/30 ~ 109/12/06	The process of becoming a person	
13	109/12/07 ~ 109/12/13	What it means to become a person	
14	109/12/14 ~ 109/12/20	The process conception of psychotherapy	
15	109/12/21 ~ 109/12/27	Presentation and discussion	
16	109/12/28 ~ 110/01/03	Existential counseling activity (1)	
17	110/01/04 ~ 110/01/10	Existential counseling activity (2)	
18	110/01/11 ~ 110/01/17	Final Exam Week	
Requirement		1.Class textbook presentations (1-3) 2.self-reflection paper (2) 3.Journal articles presentation (1)	

Teaching Facility	Computer, Projector
Textbooks and Teaching Materials	Frankl, V. E. (1986). The doctor and the soul: From psychotherapy to logotherapy. (Revised and Expanded.). New York, NY: Vintage Books
References	
Number of Assignment(s)	3 (Filled in by assignment instructor only)
Grading Policy	<p>◆ Attendance : 20.0 %    ◆ Mark of Usual :        %    ◆ Midterm Exam : 30.0 %</p> <p>◆ Final Exam : 30.0 %</p> <p>◆ Other &lt;writing assignments&gt; : 20.0 %</p>
Note	<p>This syllabus may be uploaded at the website of Course Syllabus Management System at <a href="http://info.ais.tku.edu.tw/csp">http://info.ais.tku.edu.tw/csp</a> or through the link of Course Syllabus Upload posted on the home page of TKU Office of Academic Affairs at <a href="http://www.acad.tku.edu.tw/CS/main.php">http://www.acad.tku.edu.tw/CS/main.php</a> .</p> <p><b>※ Unauthorized photocopying is illegal. Using original textbooks is advised. It is a crime to improperly photocopy others' publications.</b></p>