

## Tamkang University Academic Year 109, 1st Semester Course Syllabus

Course Title	MALE AND FEMALE PHYSICAL EDUCATION	Instructor	HSIANG LIU
Course Class	TLFBB1B DIVISION OF GLOBAL COMMERCE, DEPARTMENT OF INTERNATIONAL BUSINESS (ENGLISH TAUGHT PROGRAM), 1B	Details	<ul style="list-style-type: none"> <li>◆ General Course</li> <li>◆ Required</li> <li>◆ One Semester</li> </ul>
Departmental Aim of Education			
<p>I. Enhance physical adaptability.</p> <p>II. Establish correct sports concept.</p> <p>III. Enhance sport skills.</p> <p>IV. Experience fun in sports participation.</p>			
Subject Schoolwide essential virtues			
<p>4. Moral integrity. (ratio:20.00)</p> <p>6. A cheerful attitude and healthy lifestyle. (ratio:60.00)</p> <p>7. A spirit of teamwork and dedication. (ratio:20.00)</p>			
Course Introduction	<p>The purposes of the course are to let students understand the concepts of the health physical fitness and movement security. Through the classes of physical fitness, movement security, and water activities arrangements, they help students understand the present situation of individual physical fitness; assess the movement environment potential risks; promote the methods of physical fitness.</p>		

**The correspondences between the course's instructional objectives and the cognitive, affective, and psychomotor objectives.**

Differentiate the various objective methods among the cognitive, affective and psychomotor domains of the course's instructional objectives.

I. Cognitive : Emphasis upon the study of various kinds of knowledge in the cognition of the course's veracity, conception, procedures, outcomes, etc.

II. Affective : Emphasis upon the study of various kinds of knowledge in the course's appeal, morals, attitude, conviction, values, etc.

III. Psychomotor: Emphasis upon the study of the course's physical activity and technical manipulation.

No.	Teaching Objectives	objective methods
1	1. Understanding the sports environment and facility, and aware of the potential risk in environment.	Cognitive
2	2. Promote physical function and promote the physical and mental health.	Cognitive
3	3. Promote personal swimming skills.	Psychomotor
4	4. Enjoy aquatics sports and develop lifelong habits.	Psychomotor
5	5. Aware of the risk in water sports, and understand to apply the accidents of aquatics sports.	Cognitive
6	6. To interact with people by physical activity.	Affective

The correspondences of teaching objectives : core competences, essential virtues, teaching methods, and assessment

No.	Core Competences	Essential Virtues	Teaching Methods	Assessment
1		6	Lecture	Practicum
2		6	Practicum	Practicum
3		6	Lecture, Practicum	Practicum, Activity Participation
4		6	Lecture	Practicum
5		6	Lecture	Discussion(including classroom and online)
6		47	Lecture, Discussion	Discussion(including classroom and online), Activity Participation

**Course Schedule**

Week	Date	Course Contents	Note
1	109/09/14 ~ 109/09/20	Introduction/ Warming- up/ conditioning	
2	109/09/21 ~ 109/09/27	Basketball - Stationary Ball Handling, Intro to Dribbling	

3	109/09/28 ~ 109/10/04	Basketball - Stationary Ball Handling, cont. Dribbling on the move	
4	109/10/05 ~ 109/10/11	Basketball - Introduce Shooting Form/Layups	
5	109/10/12 ~ 109/10/18	Basketball - Shooting Form; Tweaking and Perfecting	
6	109/10/19 ~ 109/10/25	Basketball - Shooting Practice	
7	109/10/26 ~ 109/11/01	Basketball - Skill Test	
8	109/11/02 ~ 109/11/08	Basketball - Skill Test	
9	109/11/09 ~ 109/11/15	Water Activities Safety and Life Saving Skills	
10	109/11/16 ~ 109/11/22	Midterm Exam Week	
11	109/11/23 ~ 109/11/29	Water Activities Safety and Life Saving Skills	
12	109/11/30 ~ 109/12/06	Water Activities Safety and Life Saving Skills	
13	109/12/07 ~ 109/12/13	Water Activities Safety and Life Saving Skills	
14	109/12/14 ~ 109/12/20	Badminton - Basic Grip, Basic Strokes	
15	109/12/21 ~ 109/12/27	Badminton - Deep High Service	
16	109/12/28 ~ 110/01/03	Badminton - Skill Test	
17	110/01/04 ~ 110/01/10	Badminton - Skill Test	
18	110/01/11 ~ 110/01/17	Final Exam Week	
Requirement			
Teaching Facility		(None)	
Textbooks and Teaching Materials			
References			
Number of Assignment(s)		(Filled in by assignment instructor only)	
Grading Policy		◆ Attendance : 40.0 %   ◆ Mark of Usual : 10.0 %   ◆ Midterm Exam : 25.0 % ◆ Final Exam : 25.0 % ◆ Other ( ) : %	

Note	<p>This syllabus may be uploaded at the website of Course Syllabus Management System at <a href="http://info.ais.tku.edu.tw/csp">http://info.ais.tku.edu.tw/csp</a> or through the link of Course Syllabus Upload posted on the home page of TKU Office of Academic Affairs at <a href="http://www.acad.tku.edu.tw/CS/main.php">http://www.acad.tku.edu.tw/CS/main.php</a> .</p> <p>※ <b>Unauthorized photocopying is illegal. Using original textbooks is advised. It is a crime to improperly photocopy others' publications.</b></p>
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