

## Tamkang University Academic Year 108, 1st Semester Course Syllabus

Course Title	P.E. - BEGINNING SWIMMING	Instructor	CHEN, JUI-CHEN
Course Class	TGUPB2F PE BY INTEREST, 2F	Details	<ul style="list-style-type: none"> <li>◆ General Course</li> <li>◆ Required</li> <li>◆ 1st Semester</li> </ul>
<b>A i m o f E d u c a t i o n</b>			
<p>I. Enhance physical adaptability.</p> <p>II. Establish correct sports concept.</p> <p>III. Enhance sport skills.</p> <p>IV. Experience fun in sports participation.</p>			
<b>Subject Schoolwide essential virtues</b>			
<p>4. Moral integrity. (ratio:20.00)</p> <p>6. A cheerful attitude and healthy lifestyle. (ratio:60.00)</p> <p>7. A spirit of teamwork and dedication. (ratio:20.00)</p>			
<b>Course Introduction</b>	<p>Students interested in learning to swim and learning to swim with the basic technique, and through the fun of water playing activities, so that teaching swimming is more lively and thus enhance the physical fitness and promoting motivation to learn, so that students can enjoy the water in the pool in a happy world.</p>		

**The correspondences between the course's instructional objectives and the cognitive, affective, and psychomotor objectives.**

Differentiate the various objective methods among the cognitive, affective and psychomotor domains of the course's instructional objectives.

I. Cognitive : Emphasis upon the study of various kinds of knowledge in the cognition of the course's veracity, conception, procedures, outcomes, etc.

II. Affective : Emphasis upon the study of various kinds of knowledge in the course's appeal, morals, attitude, conviction, values, etc.

III. Psychomotor: Emphasis upon the study of the course's physical activity and technical manipulation.

No.	Teaching Objectives	objective methods
1	1. To instruct students to not be afraid of the water. 2. To teach the four style swimming movement. 3. Learn basic self-help skills and the correct concept of water safety.	Affective

The correspondences of teaching objectives : core competences, essential virtues, teaching methods, and assessment

No.	Core Competences	Essential Virtues	Teaching Methods	Assessment
1		467	Lecture, Practicum	Attendance rate. Attitude in class.

**Course Schedule**

Week	Date	Course Contents	Note
1	108/09/09 ~ 108/09/15	Course rules. Course Objectives. Freestyle practice 1.	
2	108/09/16 ~ 108/09/22	Backstroke practice 1	
3	108/09/23 ~ 108/09/29	Breastroke practice 1	
4	108/09/30 ~ 108/10/06	Butterfly practice 1	
5	108/10/07 ~ 108/10/13	Freestyle practice 2	
6	108/10/14 ~ 108/10/20	Backstroke practice 2	
7	108/10/21 ~ 108/10/27	Breastroke practice 2	
8	108/10/28 ~ 108/11/03	Butterfly practice 2	
9	108/11/04 ~ 108/11/10	Freestyle practice 3	
10	108/11/11 ~ 108/11/17	Midterm Exam Week	
11	108/11/18 ~ 108/11/24	Backstroke practice 3	

12	108/11/25 ~ 108/12/01	Breastroke practice 3	
13	108/12/02 ~ 108/12/08	Butterfly practice 3	
14	108/12/09 ~ 108/12/15	Freestyle practice 4	
15	108/12/16 ~ 108/12/22	Backstroke practice 4	
16	108/12/23 ~ 108/12/29	Butterfly practice 4	
17	108/12/30 ~ 109/01/05	Fitness test ( height 、 weight 、 sit-ups 、 sitting forward 、 standing long jump 、 800 / 1600 M run )	
18	109/01/06 ~ 109/01/12	Final Exam Week (Date:109/1/3-109/1/9)	
Requirement	1. Bring your own swimsuit, goggles, and swimming cap. 2. Leave, please according to school rules: (1) If absent from 6 class, will be deducted. (2) Semester grades will calculated in zero, if the total hours of absence reached one-third of the teaching hours. 3. People with skin diseases, infectious diseases and doctor advice do not swimming, please do not choose this course. 4. Female physiological period, please make up the class within one month. 5. Students must apply for a swim pass or purchase single ticket for this course. 6. The first class need wear swimming suit and swimming.		
Teaching Facility	(None)		
Textbooks and Teaching Materials			
References	1.游泳教材教學與訓練 翁志成著 易利圖書 2006 2.游泳論 武育勇著 啟英文化 1998		
Number of Assignment(s)	(Filled in by assignment instructor only)		
Grading Policy	◆ Attendance :            %    ◆ Mark of Usual :            %    ◆ Midterm Exam :            % ◆ Final Exam :            % ◆ Other <Attending rate. > : 100.0 %		
Note	This syllabus may be uploaded at the website of Course Syllabus Management System at <a href="http://info.ais.tku.edu.tw/csp">http://info.ais.tku.edu.tw/csp</a> or through the link of Course Syllabus Upload posted on the home page of TKU Office of Academic Affairs at <a href="http://www.acad.tku.edu.tw/CS/main.php">http://www.acad.tku.edu.tw/CS/main.php</a> . <b>※ Unauthorized photocopying is illegal. Using original textbooks is advised. It is a crime to improperly photocopy others' publications.</b>		