Tamkang University Academic Year 107, 1st Semester Course Syllabus

Course Title	CULTURE AND MENTAL HEALTH	Instructor	LAN, YI-FENG
Course Class	TNUWB0C SOCIAL ANALYSIS, 0C	Details	◆ Required ◆ One Semester ◆ 2 Credits

Academic Aim of Education

Ⅰ. To guide students to practice the methods and concepts learned from the courses of social science to their social life.

Ⅱ. To Enhance students' ability of self-understanding, psychological adaptation, and interpersonal communication.

Ⅲ. To promote students' ability of analyzing social phenomena and penetrating social problems through the design of courses; thus, motivating students to be more concerned about others and assume the corresponding social responsibilities.

Schoolwide essential virtues

A. A global perspective.

B. Information literacy.

C. A vision for the future.

D. Moral integrity.

E. Independent thinking.

F. A cheerful attitude and healthy lifestyle.

G. A spirit of teamwork and dedication.

H. A sense of aesthetic appreciation.

Course Introduction	The purpose of this course is to provide an introduction to the study of culture and human behavior in general, and culture and mental health in particular. The focus will be on social and cultural processes that help students to familiarize the social and cultural processes in mental health-related areas, identify social and cultural processes in their daily lives, and guide students to think critically about the role of culture, race, and ethnicity in human behavior.

The Relevance among Teaching Objectives, Objective Levels and Schoolwide essential virtues

I.Objective Levels (select applicable ones) :
 (i) Cognitive Domain   : C1-Remembering,   C2-Understanding,   C3-Applying,
                            C4-Analyzing,   C5-Evaluating,   C6-Creating
 (ii) Psychomotor Domain : P1-Imitation,   P2-Mechanism,   P3-Independent Operation,
                            P4-Linked Operation, P5-Automation,   P6-Origination
 (iii) Affective Domain   : A1-Receiving,   A2-Responding,   A3-Valuing,
                            A4-Organizing,   A5-Charaterizing,   A6-Implementing

II.The Relevance among Teaching Objectives, Objective Levels and Schoolwide essential virtues :
 (i) Determine the objective level(s) in any one of the three learning domains (cognitive,
     psychomotor, and affective) corresponding to the teaching objective. Each objective should
     correspond to the objective level(s) of ONLY ONE of the three domains.
 (ii) If more than one objective levels are applicable for each learning domain, select the
     highest one only. (For example, if the objective levels for Cognitive Domain include
     C3,C5,and C6, select C6 only and fill it in the boxes below. The same rule applies to
     Psychomotor Domain and Affective Domain.)
 (iii) Determine the Schoolwide essential virtues that correspond to each teaching objective.
     Each objective may correspond to one or more Schoolwide essential virtues at a time.
     (For example, if one objective corresponds to three Schoolwide essential virtues: A,AD,
     and BEF, list all of the three in the box.)

| No. | Teaching Objectives | Relevance | |
		Objective Levels	Schoolwide essential virtues
1	The course focuses on a conceptual level that invites students to think through the complex relationships between categories of knowledge and clinical technologies in social/psychological aspects and the subjectivities of persons living with mental illness.	C5	CDE

Teaching Objectives, Teaching Methods and Assessment

No.	Teaching Objectives	Teaching Methods	Assessment
1	The course focuses on a conceptual level that invites students to think through the complex relationships between categories of knowledge and clinical technologies in social/psychological aspects and the subjectivities of persons living with mental illness.	Lecture, Discussion	Written test, Report, Participation

Course Schedule

Week	Date	Subject/Topics	Note
1	107/09/10 ~ 107/09/16	Syllabus Introduction Course Overview	
2	107/09/17 ~ 107/09/23	Culture and Health	Ch 6
3	107/09/24 ~ 107/09/30	Social Justice	Ch 5

4	107/10/01 ~ 107/10/07	Theories, Models and Interventions	Ch 8
5	107/10/08 ~ 107/10/14	Movie (1)	
6	107/10/15 ~ 107/10/21	Theories, Models and Interventions	Ch 8
7	107/10/22 ~ 107/10/28	Stress, illness and Personality	Ch 18
8	107/10/29 ~ 107/11/04	Movie (2)	
9	107/11/05 ~ 107/11/11	Food Eating and Obesity	Ch 10
10	107/11/12 ~ 107/11/18	Midterm Exam Week	
11	107/11/19 ~ 107/11/25	Sexual Health	Ch 9
12	107/11/26 ~ 107/12/02	Addiction - alcohol and tobacco	Ch 11 &12
13	107/12/03 ~ 107/12/09	Addiction - drugs	
14	107/12/10 ~ 107/12/16	Mental Disease	
15	107/12/17 ~ 107/12/23	Movie (3)	
16	107/12/24 ~ 107/12/30	Mental Disease	
17	107/12/31 ~ 108/01/06	Movie (4)	
18	108/01/07 ~ 108/01/13	Final Exam Week	

Requirement	Midterm exam: Choose 1 topic for group discussion and have a group integrated paper (Minimum 8 pages, Maximum 10 pages, 12pt, single space) Final exam: Individual Critical Reflection Term Paper on key concepts in the course and how they were illustrated by or important in developing the Term Project on which the student worked. (Minimum 4 pages, Maximum 6 pages, 12pt, single space)
Teaching Facility	Computer, Projector
Textbook(s)	David F. Marks, Michael Murray & Emee Vida Estacio (2018). Health Psychology: Theory, Research & Practice; 5th Ed., SAGE Publications Ltd.
Reference(s)	
Number of Assignment(s)	(Filled in by assignment instructor only)
Grading Policy	◆ Attendance： 5.0 % ◆ Mark of Usual： % ◆ Midterm Exam： 30.0 % ◆ Final Exam： 30.0 % ◆ Other〈Class discussion〉：35.0 %

Note	This syllabus may be uploaded at the website of Course Syllabus Management System at http://info.ais.tku.edu.tw/csp or through the link of Course Syllabus Upload posted on the home page of TKU Office of Academic Affairs at http://www.acad.tku.edu.tw/CS/main.php .
	※ **Unauthorized photocopying is illegal. Using original textbooks is advised. It is a crime to improperly photocopy others' publications.**