

## Tamkang University Academic Year 107, 1st Semester Course Syllabus

Course Title	PHYSICAL EDUCATION- WEIGHT TRAINING	Instructor	KO, MING-CHEN
Course Class	TGUPB2E PE BY INTEREST, 2E	Details	<ul style="list-style-type: none"> <li>◆ Required</li> <li>◆ 1st Semester</li> <li>◆ 0 Credits</li> </ul>
A i m o f E d u c a t i o n			
<ul style="list-style-type: none"> <li>I . Enhance physical adaptability.</li> <li>II . Establish correct sports concept.</li> <li>III . Enhance sport skills.</li> <li>IV . Experience fun in sports participation.</li> </ul>			
S c h o o l w i d e e s s e n t i a l v i r t u e s			
<ul style="list-style-type: none"> <li>A. A global perspective.</li> <li>B. Information literacy.</li> <li>C. A vision for the future.</li> <li>D. Moral integrity.</li> <li>E. Independent thinking.</li> <li>F. A cheerful attitude and healthy lifestyle.</li> <li>G. A spirit of teamwork and dedication.</li> <li>H. A sense of aesthetic appreciation.</li> </ul>			
Course Introduction	<p>The introduction and development of basic skills, general rules, and strategy, related to the game of basketball with particular emphasis on acquisition of skills.</p>		

**The Relevance among Teaching Objectives, Objective Levels and Schoolwide essential virtues**

I.Objective Levels (select applicable ones) :

- (i) Cognitive Domain : C1-Remembering, C2-Understanding, C3-Applying,  
C4-Analyzing, C5-Evaluating, C6-Creating
- (ii) Psychomotor Domain : P1-Imitation, P2-Mechanism, P3-Independent Operation,  
P4-Linked Operation, P5-Automation, P6-Origination
- (iii) Affective Domain : A1-Receiving, A2-Responding, A3-Valuing,  
A4-Organizing, A5-Charaterizing, A6-Implementing

II.The Relevance among Teaching Objectives, Objective Levels and Schoolwide essential virtues :

- (i) Determine the objective level(s) in any one of the three learning domains (cognitive, psychomotor, and affective) corresponding to the teaching objective. Each objective should correspond to the objective level(s) of ONLY ONE of the three domains.
- (ii) If more than one objective levels are applicable for each learning domain, select the highest one only. (For example, if the objective levels for Cognitive Domain include C3,C5,and C6, select C6 only and fill it in the boxes below. The same rule applies to Psychomotor Domain and Affective Domain.)
- (iii) Determine the Schoolwide essential virtues that correspond to each teaching objective. Each objective may correspond to one or more Schoolwide essential virtues at a time. (For example, if one objective corresponds to three Schoolwide essential virtues: A,AD, and BEF, list all of the three in the box.)

No.	Teaching Objectives	Relevance	
		Objective Levels	Schoolwide essential virtues
1	Play and practice Basketball employing correct technique. Demonstrate knowledge of Basketball etiquette and safety. Play Basketball employing rules and keeping score.Demonstrate knowledge of Basketball terminology	C3	DFG

**Teaching Objectives, Teaching Methods and Assessment**

No.	Teaching Objectives	Teaching Methods	Assessment
1	Play and practice Basketball employing correct technique. Demonstrate knowledge of Basketball etiquette and safety. Play Basketball employing rules and keeping score.Demonstrate knowledge of Basketball terminology	Lecture	Participation

**Course Schedule**

Week	Date	Subject/Topics	Note
1	107/09/10~ 107/09/16	Introduction/ Warming- up/ conditioning	
2	107/09/17~ 107/09/23	Individual defense-dribble	
3	107/09/24~ 107/09/30	Passing and receiving	

4	107/10/01 ~ 107/10/07	Shooting	
5	107/10/08 ~ 107/10/14	3 on 3 Class Play	
6	107/10/15 ~ 107/10/21	2-1-2 Zone Press Defense/ 5 on 5 class play/ Written Midterm on Skill	
7	107/10/22 ~ 107/10/28	Rules/ Fast Break/ 5 on 5 class play	
8	107/10/29 ~ 107/11/04	Rules/ 3-1-1 Zone Press Defense/ 5 on 5 class play	
9	107/11/05 ~ 107/11/11	3-1-1 Zone Press Defense/ 5 on 5 class play	
10	107/11/12 ~ 107/11/18	Midterm Exam Week	
11	107/11/19 ~ 107/11/25	5 on 5 class play	
12	107/11/26 ~ 107/12/02	5 on 5 class play/practicing to be a referee	
13	107/12/03 ~ 107/12/09	5 on 5 class play/practicing to be a referee	
14	107/12/10 ~ 107/12/16	Tournament	
15	107/12/17 ~ 107/12/23	Tournament	
16	107/12/24 ~ 107/12/30	Tournament	
17	107/12/31 ~ 108/01/06	Tournament	
18	108/01/07 ~ 108/01/13	Final Exam Week	
Requirement			
Teaching Facility	(None)		
Textbook(s)			
Reference(s)			
Number of Assignment(s)	(Filled in by assignment instructor only)		
Grading Policy	◆ Attendance : 60.0 %   ◆ Mark of Usual :   %   ◆ Midterm Exam : 20.0 % ◆ Final Exam : 20.0 % ◆ Other ( ) :   %		

Note	<p>This syllabus may be uploaded at the website of Course Syllabus Management System at <a href="http://info.ais.tku.edu.tw/csp">http://info.ais.tku.edu.tw/csp</a> or through the link of Course Syllabus Upload posted on the home page of TKU Office of Academic Affairs at <a href="http://www.acad.tku.edu.tw/CS/main.php">http://www.acad.tku.edu.tw/CS/main.php</a>.</p> <p><b>※ Unauthorized photocopying is illegal. Using original textbooks is advised. It is a crime to improperly photocopy others' publications.</b></p>
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