## Tamkang University Academic Year 105, 1st Semester Course Syllabus

Course Title	MALE AND FEMALE PHYSICAL EDUCATION	Instructor	KO, MING-CHEN
Course Class	TLFBB1B DIVISION OF GLOBAL COMMERCE, DEPARTMENT OF INTERNATIONAL BUSINESS	Details	<ul> <li>Required</li> <li>One Semester</li> <li>0 Credits</li> </ul>
	ENGLISH-TAUGHT PROGRAM), 1B Aim of Education		
I. Enhand	ce physical adaptability.		
II. Establi	sh correct sports concept.		
III. Enhano	ce sport skills.		
IV. Experie	ence fun in sports participation.		
	Schoolwide essential vin	rtues	
A. A globa	perspective.		
B. Informa	tion literacy.		
C. A vision	for the future.		
D. Moral in	tegrity.		
E. Indepen	dent thinking.		
F. A cheerf	ul attitude and healthy lifestyle.		
G. A spirit o	of teamwork and dedication.		
H. A sense	of aesthetic appreciation.		
	The course introduces the basic skills , abdminton, of volleya	ble and swimr	ning.
	Help students to understand the basic rules of those sports of		
	The final goal of the class is to improve students' physical fitr quality of life.	ness and have	a better
Course Introduction			

I. ( ( ( !!! (	<ul> <li>The Relevance among Teaching Objectives, Objective Levels and Schoolwide essential virtues <ol> <li>Objective Levels (select applicable ones):</li> <li>Cognitive Domain : C1-Remembering, C2-Understanding, C3-Applying, C4-Analyzing, C5-Evaluating, C6-Creating</li> <li>Psychomotor Domain : P1-Imitation, P2-Mechanism, P3-Independent Operation, P4-Linked Operation, P5-Automation, P6-Origination</li> <li>Affective Domain : A1-Receiving, A2-Responding, A3-Valuing, A4-Organizing, A5-Charaterizing, A6-Implementing</li> </ol> </li> <li>II. The Relevance among Teaching Objectives, Objective Levels and Schoolwide essential virtues : <ol> <li>Determine the objective level(s) in any one of the three learning domains (cognitive, psychomotor, and affective) corresponding to the teaching objective. Each objective should correspond to the objective levels are applicable for each learning domain, select the highest one only. (For example, if the objective levels for Cognitive Domain include C3,C5, and C6, select C6 only and fill it in the boxes below. The same rule applies to Psychomotor Domain and Affective Domain.)</li> <li>Determine the Schoolwide essential virtues that correspond to each teaching objective. Each objective. Each objective. Each objective. Each objective.</li> </ol> </li> </ul>						
		list all of the three in t	responds to three Schoolwide esser he box.)	iilal Vir	iues: A,AD,		
					Relevance		
No.		Teaching Ob	jectives	Objective Levels	Schoolwide essential virtues		
1	•	hysical adaptability.		C2	DFG		
	II.Establish c III.Enhance si	orrect sports concept. port skills.					
		fun in sports participation.					
		Teaching Objecti	ives, Teaching Methods and Assessm	ent			
No.	Teaching Objectives		Teaching Methods	Assessment			
1	-	fun in sports	Lecture	Participation			
Course Schedule							
Week Date Subj		Sub	ject/Topics	Note			
1	105/09/12~ 105/09/18Course instruction and basic basketball passing technique practice.						
2	105/09/19~ 105/09/25	Review passing technique. Basi handling technique practice	c basketball ball				
3	105/09/26 ~ 105/10/02	Free throw line shooting practi	ce. Lay up practice.				
4	105/10/03 ~ 105/10/09	<sup>105/10/03~</sup> 3 on 3 team offensive tactical practice					

105/01/6       Badminton practice.         6       105/02/37       Foot work drills.         7       105/02/37       Foot work drills.         8       105/02/37       Serve and Rally. Backhand lift and forhand lift.         9       105/11/4*       Serve and Rally. Backhand lift and forhand lift.         10       105/11/4*       Midterm Exam Week         11       105/11/4*       Midterm Exam Week         11       105/11/4*       Breathing techniques. Starting position.         12       105/11/4*       Freestyle kicking and hand paddling.         13       105/11/4*       breaststroke kicking drills.         14       105/11/4*       breaststroke kicking drills         15       105/12/4*       breaststroke kicking drills         16       105/12/4*       breaststroke kicking drills         16       105/12/4*       breaststroke kicking drills         17       105/12/4*       breaststroke drills         18       106/02/0*       Final Exam Week         19       105/12/4*       combining kicking and stroke.         10       105/12/4*       breaststroke drills         10       105/12/4*       breaststroke drills         11       105/12/4*       breaststroke dri	5	105/10/10~	Introduction of the rules and the correct grip position.		
6       IIISA1023       Pool Work drills.         7       105/1024- 105/1026       Net shot drills.         8       105/1027- 105/1126       Serve and Rally. Backhand lift and forhand lift.         9       105/1126       Serve and Rally. Backhand lift and forhand lift.         10       105/1126       Swimming ability test.         11       105/1127       Midterm Exam Week         12       105/1127       Breathing techniques. Starting position.         13       105/1126       Freestyle kicking and hand paddling.         14       105/1126       Freestyle kicking and hand paddling.         15       105/1276       combining kicking and hand paddling.         14       105/1276       breaststroke kicking drills         15       105/1276       breaststroke kicking drills         16       105/1276       breaststroke kicking and stroke.         17       105/1276       backstroke drills         18       105/1276       backstroke drills         19       105/1276       backstroke drills         10       105/1276       backstroke drills         10       105/1276       backstroke drills         11       105/1276       backstroke drills         10       backstroke d	5 105/10/16				
7InstructionNet shot drills.8105/10/2- 105/10/2- 105/11/2-Serve and Rally. Backhand lift and forhand lift.9105/10/2- 105/11/2- 105/11/2- 105/11/2- 105/11/2-Swimming ability test.10105/11/2- 	6		Foot work drills.		
8       105/11/06       Serive and Raily, Backhand lint and formand lint.         9       105/11/07 105/11/07-       Swimming ability test.         10       105/11/07 105/11/07-       Midterm Exam Week         11       105/11/07 105/11/07-       Breathing techniques. Starting position.         12       105/11/07 105/11/07 105/11/07       Breathing techniques. Starting position.         13       105/11/07 105/11/07 105/11/07 105/11/07 105/11/07       Freestyle kicking and hand paddling.         14       105/11/07 105/11/07 105/11/07 105/11/07 105/11/07 105/11/07 105/11/07 105/11/07 105/11/07 105/11/07 106/01/07- 1	7		Net shot drills.		
9INFORM 105/11/14 105/11/2	8		Serve and Rally. Backhand lift and forhand lift.		
10     105/11/20     Midterm Exam Week       11     105/11/21- 105/11/28- 10/11/28- 10/11	9		Swimming ability test.		
11       105/11/27       Breatning techniques. Starting position.         12       105/11/28- 105/12/04       Freestyle kicking and hand paddling drills.         13       105/12/04- 105/12/12- 105/12/12- 105/12/12- 105/12/12- 105/12/18- 105/12/18- 105/12/18- 105/12/18- 105/12/19- 105/12/26- 106/01/02- 16       breaststroke kicking drills         14       105/12/18- 105/12/18- 105/12/18- 105/01/02- 106/01/02-	10		Midterm Exam Week		
12       105/12/04       Preestyle kicking and hand paddling.         13       105/12/05 105/12/11       combining kicking and hand paddling.         14       105/12/12 105/12/12 105/12/25       breaststroke kicking drills         15       105/12/26- 105/12/26- 106/01/01       breaststroke stroke drills         16       105/12/26- 106/01/01       combining kicking and stroke.         17       106/01/02- 106/01/09 106/01/09 106/01/09       backstroke drills         18       106/01/09 106/01/09 106/01/09       Final Exam Week         Requirement       Please wear proper exercise attire to class. If you skip 6 classes, you will not pass the class. If you have to leave the class early or you can not show up for the clase, please follow the school policy and go throuth all the required processes to get the permission from school and give the note to the class instructor.         Textbook(s)       rextbook(s)       (None)         Reference(s)       (Filled in by assignment instructor only)	11		Breathing techniques. Starting position.		
13       105/12/11       Combining kicking and hand padding.         14       105/12/12- 105/12/18       breaststroke kicking drills         15       105/12/19- 105/12/2- 105/12/2- 105/01/01       breaststroke stroke drills         16       105/12/2- 105/01/02- 106/01/02       backstroke drills         17       106/01/02- 106/01/05       backstroke drills         18       105/01/09- 106/01/15       backstroke drills         18       105/01/09- 106/01/15       Final Exam Week         Requirement       Please wear proper exercise attire to class. If you skip 6 classes, you will not pass the class. If you have to leave the class early or you can not show up for the clase, please follow the school policy and go throuth all the required processes to get the permission from school and give the note to the class instructor.         Textbook(s)       Image: stroke drille in by assignment instructor only)	12		Freestyle kicking and hand paddling drills.		
14     105/12/18     Dreaststroke kicking drills       15     105/12/19~ 105/12/25     breaststroke stroke drills       16     105/12/26~ 106/01/01     combining kicking and stroke.       17     106/01/02~ 106/01/08     backstroke drills       18     106/01/09~ 106/01/15     Final Exam Week       Requirement     Please wear proper exercise attire to class. If you skip 6 classes, you will not pass the class. If you have to leave the class early or you can not show up for the clase, please follow the school policy and go throuth all the required processes to get the permission from school and give the note to the class instructor.       Teaching Facility     (None)       Reference(s)     (Filled in by assignment instructor only)	13		combining kicking and hand paddling.		
15     105/12/25     breaststroke stroke drills       16     105/12/26~ 106/01/02     combining kicking and stroke.       17     106/01/02~ 106/01/08     backstroke drills       18     106/01/09~ 106/01/15     Final Exam Week       Please wear proper exercise attire to class. If you skip 6 classes, you will not pass the class. If you have to leave the class early or you can not show up for the clase, please follow the school policy and go throuth all the required processes to get the permission from school and give the note to the class instructor.       Teaching Facility     (None)       Reference(s)     (Filled in by assignment instructor only)	14		breaststroke kicking drills		
16       106/01/01       Combining kicking and stroke.         17       106/01/02 106/01/08       backstroke drills         18       106/01/09 106/01/15       Final Exam Week         Requirement       Please wear proper exercise attire to class. If you skip 6 classes, you will not pass the class. If you have to leave the class early or you can not show up for the clase, please follow the school policy and go throuth all the required processes to get the permission from school and give the note to the class instructor.         Teaching Facility       (None)         Reference(s)       Keference(s)         Number of Assignment(s)       (Filled in by assignment instructor only)	15		breaststroke stroke drills		
17     106/01/08     backstroke drills       18     106/01/09~ 106/01/15     Final Exam Week       Requirement     Please wear proper exercise attire to class. If you skip 6 classes, you will not pass the class. If you have to leave the class early or you can not show up for the clase, please follow the school policy and go throuth all the required processes to get the permission from school and give the note to the class instructor.       Teaching Facility     (None)       Reference(s)     (Number of Assignment (s)	16		combining kicking and stroke.		
18       106/01/15       Final Exam Week         Requirement       Please wear proper exercise attire to class. If you skip 6 classes, you will not pass the class. If you have to leave the class early or you can not show up for the clase, please follow the school policy and go throuth all the required processes to get the permission from school and give the note to the class instructor.         Teaching Facility       (None)         Textbook(s)       Final Exam Week         Number of Assignment(s)       (Filled in by assignment instructor only)	17		backstroke drills		
Requirement       you have to leave the class early or you can not show up for the clase, please follow the school policy and go throuth all the required processes to get the permission from school and give the note to the class instructor.         Teaching Facility       (None)         Textbook(s)       Image: Class instructor class instructor.         Reference(s)       (Filled in by assignment instructor only)	18		Final Exam Week		
Textbook(s)       Reference(s)       Number of Assignment(s)       (Filled in by assignment instructor only)	Requirement		you have to leave the class early or you can not show up for the clase, please follow the school policy and go throuth all the required processes to get the permission from school		
Reference(s)       Number of Assignment(s)       (Filled in by assignment instructor only)	Teaching Facility		(None)		
Number of     (Filled in by assignment instructor only)	T	extbook(s)			
Assignment(s) (Filled in by assignment instructor only)	Reference(s)				
◆ Attendance: 60.0 % ◆ Mark of Usual: % ◆ Midterm Exam: 20.0 %			(Filled in by assignment instructor only)		
Grading Policy $\blacklozenge$ Final Exam: 20.0 % $\blacklozenge$ Other $\langle \rangle$ : %	-		◆ Final Exam: 20.0 %		

Note	This syllabus may be uploaded at the website of Course Syllabus Management System at <u>http://info.ais.tku.edu.tw/csp</u> or through the link of Course Syllabus Upload posted on the home page of TKU Office of Academic Affairs at <u>http://www.acad.tku.edu.tw/CS/main.php</u> .
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Page:4/4 2016/10/17 10:12:29

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