

Tamkang University Academic Year 105, 1st Semester Course Syllabus

Course Title	MALE AND FEMALE PHYSICAL EDUCATION	Instructor	
Course Class	TIDXB1A DEPARTMENT OF DIPLOMACY AND INTERNATIONAL RELATIONS (ENGLISH-TAUGHT PROGRAM), 1A	Details	<ul style="list-style-type: none"> ◆ Required ◆ One Semester ◆ 0 Credits
A i m o f E d u c a t i o n			
<ul style="list-style-type: none"> I . Enhance physical adaptability. II . Establish correct sports concept. III . Enhance sport skills. IV . Experience fun in sports participation. 			
S c h o o l w i d e e s s e n t i a l v i r t u e s			
<ul style="list-style-type: none"> A. A global perspective. B. Information literacy. C. A vision for the future. D. Moral integrity. E. Independent thinking. F. A cheerful attitude and healthy lifestyle. G. A spirit of teamwork and dedication. H. A sense of aesthetic appreciation. 			
Course Introduction	<p>The course introduces the basic skills of basketball, abdminton, and swimming. Help students to understand the basic rules of those sports during a competition. The final goal of the class is to improve students' physical fitness and have a better quality of life.</p>		

The Relevance among Teaching Objectives, Objective Levels and Schoolwide essential virtues

I.Objective Levels (select applicable ones) :

- (i) Cognitive Domain : C1-Remembering, C2-Understanding, C3-Applying,
C4-Analyzing, C5-Evaluating, C6-Creating
- (ii) Psychomotor Domain : P1-Imitation, P2-Mechanism, P3-Independent Operation,
P4-Linked Operation, P5-Automation, P6-Origination
- (iii) Affective Domain : A1-Receiving, A2-Responding, A3-Valuing,
A4-Organizing, A5-Characterizing, A6-Implementing

II.The Relevance among Teaching Objectives, Objective Levels and Schoolwide essential virtues :

- (i) Determine the objective level(s) in any one of the three learning domains (cognitive, psychomotor, and affective) corresponding to the teaching objective. Each objective should correspond to the objective level(s) of ONLY ONE of the three domains.
- (ii) If more than one objective levels are applicable for each learning domain, select the highest one only. (For example, if the objective levels for Cognitive Domain include C3,C5,and C6, select C6 only and fill it in the boxes below. The same rule applies to Psychomotor Domain and Affective Domain.)
- (iii) Determine the Schoolwide essential virtues that correspond to each teaching objective. Each objective may correspond to one or more Schoolwide essential virtues at a time. (For example, if one objective corresponds to three Schoolwide essential virtues: A,AD, and BEF, list all of the three in the box.)

No.	Teaching Objectives	Relevance	
		Objective Levels	Schoolwide essential virtues
1	I .Enhance physical adaptability. II.Establish correct sports concept. III.Enhance sport skills. IV.Experience fun in sports participation.	C2	DFG

Teaching Objectives, Teaching Methods and Assessment

No.	Teaching Objectives	Teaching Methods	Assessment
1	I .Enhance physical adaptability. II.Establish correct sports concept. III.Enhance sport skills. IV.Experience fun in sports participation.	Lecture	Participation

Course Schedule

Week	Date	Subject/Topics	Note
1	105/09/12 ~ 105/09/18	Course instruction and basic basketball passing technique practice.	
2	105/09/19 ~ 105/09/25	Review passing technique. Basic basketball ball handling technique practice	
3	105/09/26 ~ 105/10/02	Free throw line shooting practice. Lay up practice.	
4	105/10/03 ~ 105/10/09	3 on 3 team offensive tactical practice	

5	105/10/10 ~ 105/10/16	Introduction of the rules and the correct grip position. Badminton practice.	
6	105/10/17 ~ 105/10/23	Foot work drills.	
7	105/10/24 ~ 105/10/30	Net shot drills.	
8	105/10/31 ~ 105/11/06	Serve and Rally. Backhand lift and forhand lift.	
9	105/11/07 ~ 105/11/13	Swimming ability test.	
10	105/11/14 ~ 105/11/20	Midterm Exam Week	
11	105/11/21 ~ 105/11/27	Breathing techniques. Starting position.	
12	105/11/28 ~ 105/12/04	Freestyle kicking and hand paddling drills.	
13	105/12/05 ~ 105/12/11	combining kicking and hand paddling.	
14	105/12/12 ~ 105/12/18	breaststroke kicking drills	
15	105/12/19 ~ 105/12/25	breaststroke stroke drills	
16	105/12/26 ~ 106/01/01	combining kicking and stroke.	
17	106/01/02 ~ 106/01/08	backstroke drills	
18	106/01/09 ~ 106/01/15	Final Exam Week	
Requirement	Please wear proper exercise attire to class. If you skip 6 classes, you will not pass the class. If you have to leave the class early or you can not show up for the class, please follow the school policy and go through all the required processes to get the permission from school and give the note to the class instructor.		
Teaching Facility	(None)		
Textbook(s)			
Reference(s)			
Number of Assignment(s)	(Filled in by assignment instructor only)		
Grading Policy	◆ Attendance : 60.0 % ◆ Mark of Usual : % ◆ Midterm Exam : 20.0 % ◆ Final Exam : 20.0 % ◆ Other () : %		

Note	<p>This syllabus may be uploaded at the website of Course Syllabus Management System at http://info.ais.tku.edu.tw/csp or through the link of Course Syllabus Upload posted on the home page of TKU Office of Academic Affairs at http://www.acad.tku.edu.tw/CS/main.php .</p> <p>※ Unauthorized photocopying is illegal. Using original textbooks is advised. It is a crime to improperly photocopy others' publications.</p>
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