

Tamkang University Academic Year 102, 1st Semester Course Syllabus

Course Title	MALE AND FEMALE PHYSICAL EDUCATION (I)	Instructor	PAN, TING-CHUN
Course Class	TPVXB1A DEPARTMENT OF INTERNATIONAL TOURISM MANAGEMENT, 1A	Details	<ul style="list-style-type: none"> ◆ Required ◆ 1st Semester ◆ 0 Credits
Teaching objectives			
<ul style="list-style-type: none"> I. Enhance physical adaptability. II. Establish correct sports concept. III. Enhance sport skills. IV. Experience fun in sports participation. 			
Schoolwide essential virtues			
<ul style="list-style-type: none"> A. A global perspective. B. Information literacy. C. A vision for the future. D. Moral integrity. E. Independent thinking. F. A cheerful attitude and healthy lifestyle. G. A spirit of teamwork and dedication. H. A sense of aesthetic appreciation. 			
Course Introduction	<p>(英) The purposes of the course are to let students understand the concepts of the health physical fitness and movement security. Through the classes of physical fitness, movement security, and water activities arrangements, they help students understand the present situation of individual physical fitness; assess the movement environment potential risks; promote the methods of physical fitness.</p>		

The Relevance among Teaching Objectives, Objective Levels and Schoolwide essential virtues

I.Objective Levels (select applicable ones) :

- (i) Cognitive Domain : C1-Remembering, C2-Understanding, C3-Applying,
C4-Analyzing, C5-Evaluating, C6-Creating
- (ii) Psychomotor Domain : P1-Imitation, P2-Mechanism, P3-Independent Operation,
P4-Linked Operation, P5-Automation, P6-Origination
- (iii) Affective Domain : A1-Receiving, A2-Responding, A3-Valuing,
A4-Organizing, A5-Charaterizing, A6-Implementing

II.The Relevance among Teaching Objectives, Objective Levels and Schoolwide essential virtues :

- (i) Determine the objective level(s) in any one of the three learning domains (cognitive, psychomotor, and affective) corresponding to the teaching objective. Each objective should correspond to the objective level(s) of ONLY ONE of the three domains.
- (ii) If more than one objective levels are applicable for each learning domain, select the highest one only. (For example, if the objective levels for Cognitive Domain include C3,C5,and C6, select C6 only and fill it in the boxes below. The same rule applies to Psychomotor Domain and Affective Domain.)
- (iii) Determine the Schoolwide essential virtues that correspond to each teaching objective. Each objective may correspond to one or more Schoolwide essential virtues at a time. (For example, if one objective corresponds to three Schoolwide essential virtues: A,AD, and BEF, list all of the three in the box.)

No.	Teaching Objectives	Relevance	
		Objective Levels	Schoolwide essential virtues
1	1.Understanding the sports environment and facility, and aware of the potential risk in environment.	C2	DEFGH
2	2.Promote physical function and promote the physical and mental health.	C3	DEFGH
3	3.Promote personal swimming skills.	P3	DEFGH
4	4.Enjoy aquatics sports and develop lifelong habits	P3	DEFGH
5	5.Aware of the risk in water sports, and understand to apply the accidents of aquatics sports .	C3	DEFGH
6	6.To interact with people by physical activity.	A5	DEFGH

Teaching Objectives, Teaching Methods and Assessment

No.	Teaching Objectives	Teaching Methods	Assessment
1	1.Understanding the sports environment and facility, and aware of the potential risk in environment.	Lecture, Practicum	Practicum, Participation
2	2.Promote physical function and promote the physical and mental health.	Lecture, Practicum	Practicum, Participation
3	3.Promote personal swimming skills.	Lecture, Practicum	Practicum, Participation
4	4.Enjoy aquatics sports and develop lifelong habits	Lecture, Practicum	Practicum, Participation

5	5.Aware of the risk in water sports, and understand to apply the accidents of aquatics sports .	Lecture, Practicum	Practicum, Participation
6	6.To interact with people by physical activity.	Lecture, Practicum	Practicum, Participation

Course Schedule

Week	Date	Subject/Topics	Note
1	102/09/16 ~ 102/09/22	to introduce the rules of PE class.	
2	102/09/23 ~ 102/09/29	to introduce the jump shot, layup , set shot,dribble and driving to the hoop.	
3	102/09/30 ~ 102/10/06	to introduce the jump shot, layup , set shot,dribble and driving to the hoop.	
4	102/10/07 ~ 102/10/13	to divide into groups for playing 3 on 3.	
5	102/10/14 ~ 102/10/20	to divide into groups for playing 3 on 3.	
6	102/10/21 ~ 102/10/27	to divide into groups for playing 3 on 3.	
7	102/10/28 ~ 102/11/03	to divide into groups for playing 5 on 5.	
8	102/11/04 ~ 102/11/10	to divide into groups for playing 5 on 5.	
9	102/11/11 ~ 102/11/17	to introduce the basic skills : serving the ball , passing the ball, setting pass; spiking sets; blocking shots.	
10	102/11/18 ~ 102/11/24	Midterm Exam Week	
11	102/11/25 ~ 102/12/01	to practice the basic skills : serving the ball , passing the ball, setting pass; spiking sets; blocking shots.	
12	102/12/02 ~ 102/12/08	to introduce and practice defence skills: dig, sprawl, roll, dive .	
13	102/12/09 ~ 102/12/15	to introduce and practice the service: underhand serve, overhand serve, hook serve, round horse serve.	
14	102/12/16 ~ 102/12/22	to divide into groups for playing game.	
15	102/12/23 ~ 102/12/29	to divide into groups for playing game.	
16	102/12/30 ~ 103/01/05	to divide into groups for playing game.	
17	103/01/06 ~ 103/01/12	final exam	
18	103/01/13 ~ 103/01/19	Final Exam Week	

Requirement	1.Please put on the sport clothes. 2.Do not absence for three times , or can not join the final exam.
Teaching Facility	(None)
Textbook(s)	
Reference(s)	
Number of Assignment(s)	(Filled in by assignment instructor only)
Grading Policy	<p>◆ Attendance : 40.0 % ◆ Mark of Usual : 10.0 % ◆ Midterm Exam : 20.0 %</p> <p>◆ Final Exam : 30.0 %</p> <p>◆ Other < > : %</p>
Note	<p>This syllabus may be uploaded at the website of Course Syllabus Management System at http://info.ais.tku.edu.tw/csp or through the link of Course Syllabus Upload posted on the home page of TKU Office of Academic Affairs at http://www.acad.tku.edu.tw/CS/main.php .</p> <p>※ Unauthorized photocopying is illegal. Using original textbooks is advised. It is a crime to improperly photocopy others' publications.</p>